



## SAINT GEORGE ORTHODOX CHURCH

211 E. Minnesota St., Spring Valley, IL 61362

815-664-4540 [www.springvalleyorthodox.com](http://www.springvalleyorthodox.com)

Antiochian Orthodox Christian Archdiocese of North America  
Metropolitan JOSEPH

Diocese of Toledo and the Midwest  
Bishop ANTHONY

“One, Holy, Catholic & Apostolic Church”

SUNDAY, 4 APRIL 2021; TONE 2 / EOTHINON 10

## Third Sunday of Lent



ORTHROS, 8:45 AM • DIVINE LITURGY, 10:00 AM

PASTOR: Father Mark Sahady; LITURGIST: Father Habib Ghantous

ECCLESIAARCH: Michael Baum; SACRISTAN: David Anderson

### PARISH COUNCIL MEMBERS:

Melanie Thompson, *Chair*  
Mark Kerasotes, *Vice-Chair*  
Ronald Malooley, *Treasurer*  
Michael Kasap, *Secretary*  
George Nimee

Genie Sanders, *Chanters/Choir*  
Dee Khoury, *Antiochian Women*  
David Anderson, *Sunday School*  
Wayne Sanders, *Facilities*  
Markella Fousekas

**BULLETIN PART ONE – ANNOUNCEMENTS**

**CHURCH FINANCES**

**February 2021 Income-Expense**

Total Feb Income: \$7,728.00  
Total Feb Expenses: \$4,730.22  
Total Jan-Feb Income: \$12,929.10  
Total Jan-Feb Expenses: \$9,038.36



**February 2021 Income Breakout**

More Giving Tuesday: \$1,000  
Angelo’s Fundraiser: \$1,500  
More Memorial Income: \$720  
Stewardship Offerings: \$4,508

*Thank you to all our parishioners, friends, donors and benefactors for your support.*

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“Blessed are the merciful for they will receive mercy (Mt 5:7). Express mercy by giving to others, whether it is money, food, strength, a helpful word, a prayer, or anything else you can.

**We are collecting during Lent a specific type of food for Hall Township Food Pantry.** Bring to church Ready to Eat or microwave food for youth–like Cups of Mac & Cheese, Cereal or PB Crackers. There are many youth at home alone who have to make their own meals.

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**Parish “Golf & Dine”  
Sunday, May 16, 2021 – Join Now!**

2:00 pm 18 Hole Start @ \$100, 4:00 pm  
9 Hole Start @ \$75, 6:30 pm Dinner

*(Dinner included when golfing or \$50 alone)*



**In order to make this event a success** both in Fellowship and Financially, the Parish Council is asking for **at least 20 parishioners to participate** in either golfing or the dinner. So, Please, **let Mark Kerasotes know by April 4<sup>th</sup>** of your interest. When we get 20 parishioners wanting to participate, we will proceed with the event.

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**Save yellow onion skins, bring them to Church and put them in the Freezer plastic bag by Palm Sunday (April 25) to dye Easter-Pascha Eggs red on Holy Friday.**

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**APRIL BIRTHDAYS**

- |                                     |                      |
|-------------------------------------|----------------------|
| 6 – Bette Malooley, Sydney Thompson | 21 – Sarah Sanders   |
| 12 – Christina Kapetaneas           | 22 – Jeannie Leonard |
| 14 – Rebecca Harshman               | 25 – Jake Malooley   |

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**Parish Lenten Retreat – “Angels”  
At Church & On Zoom**

**New Date** Apr 10, Sat, 10 am – 2 pm

**Worship – Presentations – Discussion – BYOL – Slide Show**

**Sponsored by the Ladies Group**

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Join in sending Paschal Greetings, through our **2021 Church Easter-Pascha Card**, to all the parishioners of Saint George Church and our friends near and far. **Please make your donation check payable to “St George Church” by April 18<sup>th</sup>** along with names you want printed on the Card for their “Health” or “In Memory”.

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## BULLETIN PART TWO – WORSHIP

- The “Glory” hymns at the end of Matins:

### THE DOXASTICON FOR THIRD SUNDAY OF LENT IN TONE EIGHT

*Glory to the Father, and to the Son, and to the Holy Spirit.*

The Lord of all taught us by a proverb to run away from the haughtiness of the evil Pharisees; and instructed all not to exalt themselves in their opinions from duty, having Himself become a Symbol and an Exemplar, emptying Himself unto the Cross and death. Wherefore, with the publican, let us offer Him thanks, saying, O Thou Who didst suffer for our sakes and remained an unsuffering God, deliver us from sufferings and save our souls.

*Both now and ever, and unto ages of ages. Amen.*

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

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- The Hymns of the Day during the Divine Liturgy of St. Basil the Great

### THE FIRST ANTIPHON

The light of Thy countenance, O Lord, has been signed upon us. Thou hast given to those that fear thee a sign, to flee from the bow.

**Refrain:** Through the intercessions of the Theotokos, O Savior, save us.

Thou hast ascended on high, Thou hast led captivity captive. Thou hast given an inheritance to those that fear Thy Name, O Lord. (**Refrain**)

*Glory... Both now... (Refrain)*

### THE SECOND ANTIPHON

All the ends of the earth have seen the salvation of our God. Let us worship at the place where His feet have stood.

**Refrain:** Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

God is our King before the ages; He has wrought salvation in the midst of the earth. (**Refrain**)

I will be exalted among the nations; I will be exalted in the earth. (**Refrain**)

*Glory... Both now... O, only begotten Son and Word of God...*

### THE THIRD ANTIPHON

Exalt ye the Lord our God, and worship at His footstool. O Lord, save Thy people and bless Thine inheritance. Feed them, and lift them up forever.

- During the Little Entrance, after the verses above of the Third Antiphon, chant the Apolytikion of the Holy Cross:

### APOLYTIKION FOR THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

## THE EISODIKON (ENTRANCE HYMN) OF ORDINARY SUNDAYS

Come, let us worship, and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

- *After the Little Entrance (Eisodos), sing these Apolytikia in the following order.*

### RESURRECTIONAL APOLYTIKION IN TONE TWO

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

### APOLYTIKION FOR THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

### APOLYTIKION OF SAINT GEORGE IN TONE FOUR

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, the victory-clad George: Intercede with Christ God for the salvation of our souls.

### KONTAKION FOR SUNDAYS IN LENT IN TONE EIGHT

Verily, I, thy city, O Theotokos, inscribe to thee the banners of conquest, O defending soldier, and offer thee thanks as a deliverer from tribulations. And since thine is the unconquerable might, deliver me from sundry oppressions, that I may cry unto thee, Rejoice, O groomless bride.

### THE ANTI-TRISAGION HYMN

Before Thy Cross we bow down in worship, Master, and Thy Holy Resurrection we glorify. (THRICE)

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. And we glorify Thy Holy Resurrection. Dynamis!*

Before Thy Cross we bow down in worship, Master, and we glorify Thy Holy Resurrection.

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- **The Scripture of the day, following the Anti-Trisagion Hymn:**

### THE EPISTLE (For the Third Sunday of Great Lent)

**Clergy:** Let us attend!

**Reader:** O Lord, save Thy people and bless Thine inheritance.

Unto Thee, O Lord, will I cry, O my God!

**Clergy:** Wisdom!

**Reader:** The Reading from the Epistle of Saint Paul to the Hebrews. (4:14-5:6)

**Clergy:** Let us attend!

**Reader:** Brethren, since we have a great High Priest, Who has passed through the heavens, Jesus the Son of God, let us hold fast the confession. For we do not have a High Priest Who is unable to sympathize with our infirmities, but one Who has been in all points tempted like as we are, yet without sin. Let us therefore draw near with

boldness to the throne of grace, that we may receive mercy, and may find grace to help in time of need. For every high priest, being taken from among the people, is appointed on behalf of the people in things pertaining to God, that he may offer up both gifts and sacrifices for sins; who can have compassion on the ignorant and on those who are erring, since he himself also is encompassed with infirmity. Because of this he is bound, as for the people so also for himself, to offer up for sins. And no one takes the honor upon himself, but as being called by God, as was Aaron. So Christ also did not glorify Himself to become a High Priest, but it was by the One saying to Him, “Thou art My Son, today I have begotten Thee.” As He says also in another place, “Thou art a Priest forever, according to the order of Melchizedek.”

**Clergy:** Peace be to thee, who readest.

**Reader:** And to thy spirit.

**Choir:** Remember Thy congregation, which Thou hast purchased of old!

God is our King before the ages; He has worked salvation in the midst of the earth!

**All:** Alleluia! Alleluia! Alleluia!

### **THE GOSPEL (For the Third Sunday of Great Lent)**

#### **The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)**

The Lord said, “If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the gospel’s will save it. For what does it profit a man to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels.” And Jesus said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.”

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• **Instead of “It is truly meet” sing the Saint Basil Liturgy Megalynarion:**

In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee.

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• **After “One is Holy, One is Lord...” & “I Believe O Lord and I Confess...” intone:**

O Lord, Who willingly didst stretch out Thy hands on the Cross, prepare us to adore it with reverent hearts, shining forth well with fasting, fervent prayer, abstinence and charity; for Thou art good and the Lover of mankind.

O most compassionate Lord, blot out the multitude of my sins by the multitude of Thy mercies. Make me worthy to behold Thy Cross and to embrace it with a pure soul in this week of abstinence; for Thou art the Lover of mankind.

What a great wonder to behold the Tree on which Christ was crucified in the flesh, with the world adoring it and being lighted therewith, crying, O the power of the Cross, which when demons behold they are burned, and by its sign it is revealed consuming them with flames. Wherefore, I bless thee, O pure Tree, honor and adore thee with fear, glorifying God Who granted me through thee unending life.

**The light of Thy countenance, O Lord, hath been signed upon us. Alleluia.**

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- *Post-Communion Hymn: Instead of “We have seen the true light”, sing the Apolytikion of the Holy Cross.*
- *Following “Blessed be the Name of the Lord” in the Divine Liturgy, while the choir sings as many times as necessary: “Holy God, Holy Mighty, Holy Immortal: have mercy on us”, the clergy and altar servers process from the sanctuary and around the interior of the church.*
- *Once the procession concludes in the center of the church, the deacon says: **Wisdom. Stand upright.***
- *The clergy sing the apolytikion of the Holy Cross once, followed by the choir twice.*

### **APOLYTIKION FOR THE HOLY CROSS IN TONE ONE**

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

- *Then, the clergy sing “Before Thy Cross...” below once, followed by the choir twice.*

### **“BEFORE THY CROSS”**

Before Thy Cross we bow down in worship, Master, and Thy Holy Resurrection we glorify.

- *Then, the clergy and altar servers return to the sanctuary as the chanters offer this hymn in Tone Two:*

Come, O ye faithful, let us worship the life-creating Wood, whereon Christ, the King of Glory, stretching out His hands of His own will, lifted up to the ancient blessedness us whom the enemy had aforetime despoiled through pleasure, making us exiles from God. Come, O ye faithful, let us worship that Wood whereby we have been deemed worthy to crush the heads of our invisible enemies. Come, all ye kindreds of the nations, with hymns let us honor the Cross of the Lord. Rejoice, O Cross, thou perfect redemption of fallen Adam. In thee do our most faithful sovereigns boast, since by thy power they have mightily subjected to themselves the Ishmaelite peoples. As we Christians now venerate thee with fear, we glorify God, Who was affixed to thee, and we say: O Lord, Who wast nailed to the Cross, have mercy on us, since Thou art good and the Lover of mankind.

- *Then the priest continues with the Blessing and the Dismissal.*
- *Then the priest distributes the flowers while the people venerate the Cross.*

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**COMMEMORATIONS OF THE DAY** – Veneration of the Life-Giving Cross, Venerable George of Mt. Maleon; Martyrs Theodoulos the reader and Agathopodos the deacon of Thessalonica; Venerable Theonas, archbishop of Thessalonica; Isidore, bishop of Seville.

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**PRAYER LIST:** Mary Miller, Sarah Sanders, Richard Malooley, Sahady Family

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<b>Offering Schedule</b>	<b>Holy Bread</b>	<b>Epistle Reader</b>
<b>Sunday, April 4</b>	Robert Abraham	Mark Kerasotes
<b>Sunday, April 11</b>		Mike Kasap
<b>Sunday, April 18</b>	Medawar & Sanders Families	Nick Medawar
<b>Sunday, April 25</b>	Leonard & Panizzi Families	Kim Leonard
<b>Palm Sunday</b>	Fish Fry Picnic	
<b>Sunday, May 2, Pascha</b>		
<b>Sunday, May 9</b>	<b>No Services</b>	<b>No Services</b>
<b>Mother's Day</b>		
<b>Sunday, May 16</b>	George & Mona Kaleel	
<b>Sunday, May 23</b>	David Anderson	
<b>Sunday, May 30</b>		

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**THIS FOURTH WEEK OF LENT'S SERVICES & EVENTS AT CHURCH**

YouTube Events: [https://www.youtube.com/channel/UCVy\\_\\_6R3xbIrx-UI8H63AUA](https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA)

Apr 3 Sat, 6 pm Vespers – [On YouTube](#)

Apr 4 Sun, 8:45 am Orthros, 10 am Divine Liturgy – [On YouTube](#),

Apr 7, Wed, Pre-Sanctified Liturgy, 5:30 pm.

Apr 9, Fri, Akathist/Medayeh with 4<sup>th</sup> Section, 7 pm. (Flowers Appreciated)

Apr 10, Sat, 10 am – 2 pm Lenten Retreat – Angels, BYOL – In Church & [On Zoom](#)

Noon – Ladies Meeting – In Church & [On Zoom](#)

Apr 10, Sat, 6 pm Vespers – [On YouTube](#)

Apr 11, Sun, 8:45 am Orthros, 10 am Divine Liturgy – [On YouTube](#)

Zoom Events at: <https://us02web.zoom.us/j/5822049765>

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**April 11, John of the Ladder Sunday, Morning Services**

**April 12, Mon, Full St Andrew Canon & St Mary of Egypt Life, 7 pm.**

**April 14, Wed, Pre-Sanctified Liturgy, 5:30 pm.**

**April 16, Fri, Akathist/Medayeh with All Sections, 7 pm. (Flowers Appreciated)**

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**April 18, Mary of Egypt Sunday, Morning Services, Parish Council Mtg, 11:30 am**

**April 19, Mon, Grand Compline, 7 pm.**

**April 21, Wed, Pre-Sanctified Liturgy, 5:30 pm.**

**April 22, Thur, Paraklesis to St George, 7 pm.**

**April 23, Fri, Lazarus Vespers with Canon, 7 pm.**

**April 24, Sat, Lazarus Matins, 9 am & Divine Liturgy, 10 am. (Palms Needed)**

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**April 25, Orthodox Palm Sunday Morning Services, Patriarchate Collection  
& Fish Fry Picnic, 11:15 am  
& Bridegroom Matins, 7 pm.**

**April 26, Holy Mon, Bridegroom Matins, 7 pm.**

**April 27, Holy Tue, Bridegroom Matins with Kassiani Hymn, 7 pm.**

**April 28, Holy Wed, Holy Unction, 7 pm.**

**April 29, Holy Thur, Mystical Supper at 9 am & Passion Gospel Matins at 7 pm.**

**April 30, Holy Fri, Royal Hours, 9-11 am  
& Tomb Decoration-Egg Dying, 12:30 pm.  
& Vespers, 3 pm,  
& Vigil at the Tomb, 4-7 pm.  
& Lamentation Matins, 7 pm.**

**May 1, Holy Sat, Vespereal Liturgy, 9 am.  
& Nocturnes at 10 pm, & The Light with Procession at 10:20 pm.  
& Matins, 10:30 pm.  
& Divine Liturgy, 11:30 pm.**

**May 2, Pascha Sunday, Bless Paschal Baskets, 00:30 am.  
& Agape Vespers with celebration of St George, 2 pm.  
& Easter Egg Hunt with Parish Picnic, 3 pm.**

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**May 9, Sunday, Mothers Day, NO SERVICES.**

**May 16, Sunday, Morning Services, Ladies Meeting, 11:30 am  
& Golf Outing, 2:00 pm 18 Hole Start, 4:00 pm 9 Hole Start, 6:30 pm Dinner.**

**May 25, Tue, Mid-Feast Vespers, 7 pm.**

**May 31, Mon, Memorial Day, Cemetery Memorial, 10 am & Parish Picnic.**

**June 9, Wed, Vigil for Ascension - Vespers at 6:30 pm & Matins at 7:30 pm**

**June 28, Mon, Vespers for Saints Peter and Paul, 7 pm.**

**July 4, Sunday, NO SERVICES**

**July 10-11, Sunday, Bishop Anthony Visiting**

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**Food for Hungry People & Charitable Outreach 47th Anniversary Campaign**

This year we celebrate **47 years of raising funds for our FOOD FOR HUNGRY PEOPLE (FFHP) Program.** Through your generosity, over \$6.2 million has been distributed to the hungry poor in the United States and around the World.

**Following the *Feast of the Resurrection*, please bring your collection boxes to Church for the money to be sent to FFHP Coordinator Robin Lynn Nicholas.**

**Get Your Food For Hungry People Collection Boxes Today!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 How many computers do you own? Pay .30 for each. Let's take a "byte" out of hunger!	5 How many pictures do you have on your walls? Just "picture" yourself without food & deposit .15 for each picture.	6 Pay .30 for each pair of contacts or eyeglasses you have. This will help us "see" clearly the need of caring for the hungry.	7 Do you have musical instruments in your home? Pay .75 for each. This is a "key" to sharing and caring.	8 How many phone chargers can you find in your home? Pay .25 for each. You'll get a "charge" out of helping the hungry.	9 Count your tea or coffee cups and deposit .10 each. Our "cup" runneth over, so let's fill theirs.	10 "I've got my love to keep me warm," that's true, but the hungry have only you. Pay .15 for each blanket in your home.