



SAINT GEORGE ORTHODOX CHURCH

211 E. Minnesota St., Spring Valley, IL 61362

815-664-4540 www.springvalleyorthodox.com

Antiochian Orthodox Christian Archdiocese of North America
Metropolitan JOSEPH

Diocese of Toledo and the Midwest
Bishop ANTHONY

“One, Holy, Catholic & Apostolic Church”

SUNDAY, 11 APRIL 2021; TONE 3 / EOTHINON 11

Fourth Sunday of Lent



ORTHROS, 8:45 AM • DIVINE LITURGY, 10:00 AM

PASTOR: Father Mark Sahady

ECCLESIAARCH: Michael Baum **SACRISTAN:** David Anderson

PARISH COUNCIL MEMBERS:

Melanie Thompson, *Chair*
Mark Kerasotes, *Vice-Chair*
Ronald Malooley, *Treasurer*
Michael Kasap, *Secretary*
George Nimee

Genie Sanders, *Chanters/Choir*
Dee Khoury, *Antiochian Women*
David Anderson, *Sunday School*
Wayne Sanders, *Facilities*
Markella Fousekas

BULLETIN PART ONE – ANNOUNCEMENTS

CHURCH FINANCES

February 2021 Income-Expense

Total Feb Income: \$7,728.00
Total Feb Expenses: \$4,730.22
Total Jan-Feb Income: \$12,929.10
Total Jan-Feb Expenses: \$9,038.36



February 2021 Income Breakout

More Giving Tuesday: \$1,000
Angelo’s Fundraiser: \$1,500
More Memorial Income: \$720
Stewardship Offerings: \$4,508

Thank you to all our parishioners, friends, donors and benefactors for your support.

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“Blessed are the merciful for they will receive mercy (Mt 5:7). Express mercy by giving to others, whether it is money, food, strength, a helpful word, a prayer, or anything else you can. **We are collecting during Lent a specific type of food for Hall Township Food Pantry.** Bring to church Ready to Eat or microwave food for youth–like Cups of Mac & Cheese, Cereal or PB Crackers. There are many youth at home alone who have to make their own meals. So far we have collected and delivered 19 pounds of food to Hall Township Food Pantry.

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Parish “Golf & Dine” is Cancelled – Not enough interest.

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Save yellow onion skins, bring them to Church and put them in the Freezer plastic bag by Palm Sunday (April 25) to dye Easter-Pascha Eggs red on Holy Friday.

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Parish Council Meeting Next Sunday, 18 April at 11:30 am

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Join in sending Paschal Greetings, through our 2021 Church Easter-Pascha Card, to all parishioners of Saint George Church and our friends near and far. Please make your donation check payable to “St George Church” by Next Sunday, April 18th along with names to be printed on the Card for “Health” or “In Memory”.

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Please make checks payable to “St George Church” and return with this form to the Church by next Sunday, April 18, 2021.

Indicate donation amount: \$20____, \$50____, \$100____, Other____,

Indicate the category and the names to be included in the 2021 Church Easter-Pascha Card. The name(s) will be included exactly as shown below. **Please print clearly.**

CHOOSE ONE: For the Good Health of... In Memory of...

Please PRINT Name(s) to display on card: _____

Contact Information:

Name Phone Email Address

Have a Blessed Lent and a Joyous Pascha Season!

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Congratulations to our new Mayor Melanie Thompson

APRIL BIRTHDAYS

- 6 – Bette Malooley, Sydney Thompson
- 12 – Christina Kapetaneas
- 14 – Rebecca Harshman
- 21 – Sarah Sanders
- 22 – Jeannie Leonard
- 25 – Jake Malooley

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BULLETIN PART TWO – WORSHIP

- **The “Glory” hymns at the end of Matins:**

THE DOXASTICON FOR FOURTH SUNDAY OF LENT IN TONE ONE

Glory to the Father, and to the Son, and to the Holy Spirit.

Come, let us labor in the mystical field, working therein fruits of repentance. Let us not spend ourselves in food and drink, but reap virtues with fasting and prayer; for these doth the Master of labor accept, and for them He giveth us the pence through which He redeemeth our souls from the debt of sin; for He alone is most compassionate.

Both now and ever, and unto ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

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- **The Hymns of the Day during the Divine Liturgy of St. Basil the Great**

- *During the Little Entrance, chant the Tone 3 Resurrectional Apolytikion. The Eisodikon (Entrance Hymn) is “O come, let us worship..., Who art risen from the dead...” After the Little Entrance, chant the apolytikia in the following order:*

RESURRECTIONAL APOLYTIKION IN TONE THREE

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF SAINT JOHN CLIMACUS IN TONE EIGHT

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John Climacus, intercede with Christ God to save our souls.

APOLYTIKION OF SAINT GEORGE IN TONE FOUR

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, the victory-clad George: Intercede with Christ God for the salvation of our souls.

KONTAKION FOR SUNDAYS IN LENT IN TONE EIGHT

Verily, I, thy city, O Theotokos, inscribe to thee the banners of conquest, O defending soldier, and offer thee thanks as a deliverer from tribulations. And since thine is the unconquerable might, deliver me from sundry oppressions, that I may cry unto thee, Rejoice, O groomless bride.

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- **The Scripture of the day, following the Trisagion Hymn:**

THE EPISTLE (For the Fourth Sunday of Great Lent)

Clergy: Let us attend!

Reader: The Lord will give strength to His people. Bring unto the Lord,
ye sons of God, bring unto the Lord glory and honor.

Clergy: Wisdom!

Reader: The Reading from the Epistle of Saint Paul to the Hebrews. (6:13-20)

Clergy: Let us attend!

Reader: Brethren, when God made a promise to Abraham, since He could swear by no one greater, He swore by Himself, saying, “Surely blessing I will bless thee, and multiplying I will multiply thee.” And thus, having patiently endured, he obtained the promise. For people indeed swear by what is greater, and in every dispute of theirs the oath is final for confirmation. So when God, being minded to show more abundantly to the heirs of the promise the immutability of His counsel, He interposed it with an oath, that by two immutable things—in which it is impossible for God to lie—we might have a strong consolation, we, who have fled for refuge to lay hold of the hope that is set before us; a hope, which we have as an anchor of the soul, both sure and steadfast, and entering into “that which is within the veil,” where Jesus entered as a Forerunner on our behalf, having become a High Priest “forever according to the order of Melchizedek.”

Clergy: Peace be to thee, who readest.

Reader: And to thy spirit.

Choir: In Thee, O Lord, have I hoped; let me never be put to shame!

Be a God of protection for me, a house of refuge in order to save me!

All: Alleluia! Alleluia! Alleluia!

THE GOSPEL (For the Fourth Sunday of Great Lent)

The Reading from the Holy Gospel according to St. Mark. (9:17-31)

At that time, a man came to Jesus, kneeling down and saying unto him, “Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able.” And Jesus answered them, “O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me.” And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, “How long has he had this?” And he said, “From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us.” And Jesus said to him, “If you can believe, all things are possible to him who believes.” Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You dumb and deaf spirit, I command you, come out of him, and never enter him again.” And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him

privately, “Why could we not cast it out?” And Jesus said to them, “This kind cannot be driven out by anything but prayer and fasting.” They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, “The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day.”

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• **Instead of “It is truly meet” sing the Saint Basil Liturgy Megalynarion:**

In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee.

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• **After “One is Holy, One is Lord...” & “I Believe O Lord and I Confess...” intone:**

Let us, O believers, in this season of abstinence exert every effort, that we may attain great glory and escape the fire of Gehenna, by the mercy of God, the great King.

Having passed half the period of this holy Fast, let us make manifest in ourselves the beginning of divine glory. Let us fervently hasten to the achievement of good conduct, that we may receive the never-ending bliss.

Having passed half the distance of this holy Fast, let us strive with steadfastness unto its end, rejoicing. Let us anoint ourselves with the oil of charity, that we may be worthy to adore the noble Passion of Christ our God, and arrive at His august and holy Resurrection.

Praise the Lord from the Heavens. O Praise ye Him in the Highest. Alleluia

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COMMEMORATIONS OF THE DAY – Our venerable and God-bearing Father John (Climacus) of Sinai, author of ‘The Ladder;’ of the Hieromartyr Antypas, bishop of Pergamum; Righteous Mothers Tryphaina and Matrona of Cyzicus.

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PRAYER LIST: Mary Miller, Sarah Sanders, Richard Malooley, Dottie Malooley

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Offering Schedule	Holy Bread - Memorial	Epistle Reader
Sunday, April 11	Dr Henry Jacobs 50 yr Memorial	Mike Kasap
Sunday, April 18	Medawar & Sanders Families	Nick Medawar
Sunday, April 25 Palm Sunday	Leonard & Panizzi Families Fish Fry Picnic	Kim Leonard
Sunday, May 2, Pascha		
Sunday, May 9 Mother’s Day	No Services	No Services
Sunday, May 16	George & Mona Kaleel	
Sunday, May 23	David Anderson	
Sunday, May 30	Amelia Malooley Memorial	Ron Malooley

THIS FIFTH WEEK OF LENT'S SERVICES & EVENTS AT CHURCH

YouTube Events: https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA

Apr 10 Sat, 10 am – 2 pm **Lenten Retreat – Angels, BYOL – In Church & On Zoom**
Noon – **Ladies Meeting – In Church & On Zoom**
6 pm **Vespers – On YouTube**

Apr 11 Sun, 8:45 am **Orthros**, 10 am Divine **Liturgy – On YouTube**

Apr 12, Mon, 7 pm St Andrew **Canon & St Mary of Egypt Life**, 7 pm – On YouTube

Apr 14, Wed, **Pre-Sanctified Liturgy**, 5:30 pm – On YouTube

Apr 16, Fri, **Akathist/Medayeh** with All Sections, 7 pm – On YouTube (Flowers)

Apr 17, Sat, 6 pm **Vespers – On YouTube**

Apr 18, Sun, 8:45 am **Orthros**, 10 am Divine **Liturgy – On YouTube**
11:30 am Parish Council Mtg

Zoom Events at: <https://us02web.zoom.us/j/5822049765>

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April 19, Mon, Grand Compline, 7 pm.

April 21, Wed, Pre-Sanctified Liturgy, 5:30 pm.

April 22, Thur, Paraklesis to St George, 7 pm.

April 23, Fri, Lazarus Vespers with Canon, 7 pm.

April 24, Sat, Lazarus Matins, 9 am & Divine Liturgy, 10 am. (Palms Needed)

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**April 25, Orthodox Palm Sunday Morning Services, Patriarchate Collection
& Fish Fry Picnic, 11:15 am
& Bridegroom Matins, 7 pm.**

April 26, Holy Mon, Bridegroom Matins, 7 pm.

April 27, Holy Tue, Bridegroom Matins with Kassiani Hymn, 7 pm.

April 28, Holy Wed, Holy Unction, 7 pm.

April 29, Holy Thur, Mystical Supper at 9 am & Passion Gospel Matins at 7 pm.

**April 30, Holy Fri, Royal Hours, 9-11 am
& Tomb Decoration-Egg Dyeing, 12:30 pm.
& Vespers, 3 pm,
& Vigil at the Tomb, 4-7 pm.
& Lamentation Matins, 7 pm.**

**May 1, Holy Sat, Vesperal Liturgy, 9 am.
& Nocturnes at 10 pm, & The Light with Procession at 10:20 pm.
& Matins, 10:30 pm.
& Divine Liturgy, 11:30 pm.**

**May 2, Pascha Sunday, Bless Paschal Baskets, 00:30 am.
& Agape Vespers with celebration of St George, 2 pm.
& Easter Egg Hunt with Parish Picnic, 3 pm.**

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May 9, Sunday, Mothers Day, NO SERVICES.

May 16, Sunday, Morning Services, Ladies Meeting, 11:30 am

May 25, Tue, Mid-Feast Vespers, 7 pm.

May 31, Mon, Memorial Day, Cemetery Memorial, 10 am & Parish Picnic.

June 9, Wed, Vigil for Ascension - Vespers at 6:30 pm & Matins at 7:30 pm

June 28, Mon, Vespers for Saints Peter and Paul, 7 pm.

July 4, Sunday, NO SERVICES

July 10-11, Sunday, Bishop Anthony Visiting

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Food for Hungry People & Charitable Outreach 47th Anniversary Campaign

This year we celebrate **47 years of raising funds for our FOOD FOR HUNGRY PEOPLE (FFHP) Program.** **Following the *Feast of the Resurrection*, please bring your collection boxes to Church for the money to be sent to FFHP Coordinator Robin Lynn Nicholas. Get Your Food For Hungry People Collection Boxes Today!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 How many cars are in your family? You can't "Dodge" the hungry, but you can af"Ford" to pay .50 for each car.	12 "Day by day," from dawn till night, Hunger knows no hour - nor if it's day or night. Pay .20 for each lamp in your home.	13 How many cameras do you have? Pay .30 for each. This will help us make all "negatives" positives.	14 Pick up all the loose change laying around the house. Put it in your FFHP Box. This will help make a "change" in the world!	15 Count the scissors you have in your home and pay .25 for each pair. Let's "cut-out" the hunger in hunger-y!	16 How many members are in your family? Pay .20 for each. The hungry have families to feed also; let's make this a real "family affair!"	17 How many towels are in your home? If you pay .05 for each towel, this may help us "wipe out" hunger for all people.
18 "Hey Big Spender" drop a coin in the slot - give unto others what they haven't got! Put in a coin or bill of your choice.	19 How many heads of lettuce are in your refrigerator? Pay .30 for each. "Lettuce" show the hungry that we care.	20 Count the cans in your cupboard. Pay .05 for each. Don't let their cupboards be like "Old Mother Hubbard's!"	21 How many friends do you have on Facebook? Pay .05 for each friend. Let's be-"friend" those in need.	22 How many sweaters do you have? Pay .10 for each. Sweaters keep you warm. This is one time they won't mind if we "pull the wool over their eyes."	23 How many chairs are in your home? Pay .15 per chair. We can't just "sit" around when so many people are hungry.	24 How many cookbooks do you own? Pay .20 for each. We will be able to "cook up" a better recipe for the hungry to live by.
25 How many eggs are you going to color for Pascha? Pay .05 for each. Let's help "color" their world with love!	26 "Brother can you spare a dime?" or maybe two? The FFHP program really depends on you. Put your dimes in the box.	27 How many songs are on your playlist? Pay .05 for each song. Let's make this a "record- breaking" year for FFHP!!!	28 How many songs have you listened to today? Pay .15 for each. Let's stay "in tune" with the hungry.	29 How many crosses do you have? Pay .15 each. Crosses remind us of Christ's suffering, let's not make the hungry suffer anymore.	30 "A dream is a wish your heart makes," and our dream is for hunger to stop. For the wish that we are wishing, is for FFHP program to go over the top!	May 1 We pray you have been generous in your almsgiving. "For inasmuch as you have done it unto the least of these my brethren, you have done it unto ME!"

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St John was a monk at St Catherine (Vatos) Monastery on Mount Sinai in 600s AD
The Ladder of Divine Ascent written by Saint John is divided into thirty "steps" or "rungs" of the Ladder in memory of the thirty years of the life of Christ. They deal with Renunciation of the world; Penitence & affliction as paths to true joy; Defeat of vices & acquisition of virtue; Avoidance of the traps of laziness, pride, & mental stagnation; Acquisition of peace, prayer, & dispassion; and finally the virtues of Faith, Hope & Love. Like with other ascetical and spiritual texts, this one should be read carefully. Since the original audience was those practicing the monastic life, the language is very strong when contrasting the life of the world and the life devoted to God. This is one of the reasons why this work should be read under the guidance of a spiritual director.

The Holy Archangel Michael and all the Bodiless Powers of Heaven

The angels of God have been commemorated by men from the earliest times, but this commemoration often degenerates into the divinization of angels (IV Kings 23:5; A.V. II Kings). Heretics always wove fantasies round the angels. Some of them saw the angels as gods and others, if they did not so regard them, took them to be the creators of the whole visible world. The local Council in Laodicea, that was held in the fourth century (four or five years before the First Ecumenical Council), rejected in its 35th Canon the worship of angels as gods, and established the proper veneration of them. In the time of Pope Sylvester of Rome and the Alexandrian Patriarch Alexander, in the fourth century, the Feast of the Archangel Michael and the other heavenly powers was instituted, to be celebrated in November. Why in November? Because November is the ninth month after March, and it is thought that the world was created in the month of March. The ninth month after March was chosen because of the nine orders of angels that were the first created beings. St Dionysius the Areopagite, writes of these nine orders or ranks in his book, "Celestial Hierarchies." These orders are as follows: 1. six-winged Seraphim, 2. many-eyed Cherubim, 3. godly Thrones, 4. Dominions, 5. Virtues, 6. Powers, 7. Principalities, 8. Archangels and 9. Angels. The eighth day of the month was chosen for the Synaxis of all the Bodiless Powers of Heaven since the Day of the Dread Last Judgment is called the Eighth Day by the holy Fathers. After the end of this age (characterized by its seven days of Creation) will come the Eighth Day, and then "the Son of Man shall come in His Glory and all the holy Angels with Him" (Mt. 25:31). We speak about the angels as bodiless and immaterial compared to us, but in fact everything is material compared to God, for only the Divine is non-material and bodiless.

ROLE OF ANGELS IN OUR SPIRITUAL LIFE

The angels have a major role in the spiritual life of each person. First of all, they convey all the spiritual gifts to the person and this according to their rank and depending on the person's spiritual stage: purification, illumination or deification. "The more we purify ourselves, the more we know God, and the more we love Him" (St. Gregory the Theologian). The spiritual person resembles the angels, as St. Gregory of Nyssa says: "The spiritual life allows the spirit to enter the world of angels." During the purification stage, "We need an angel to help us overcome our passions, since we are not perfect," according to Origen. In the illumination stage, the soul enters the angelic world, to attain finally a life of union with God. The angels contemplate how the soul moves out of the darkness of sin to a state of illumination and Grace and passes them over to the glory that the Logos (Word) granted to humanity only in His union with the human nature. The angels wait for a deified person to be united to his prayer and be lifted up more towards God. That is why, "The angels wait for the death of martyrs to lead their souls to its place," says St. Gregory of Nyssa, and "they surround the martyrs on their way to God and they accompany them to the holy of holies where the Holy Trinity is in the middle of Cherubim and Seraphim," confirms St. John Chrysostom.