



## SAINT GEORGE ORTHODOX CHURCH

211 E. Minnesota St., Spring Valley, IL 61362

815-664-4540 [www.springvalleyorthodox.com](http://www.springvalleyorthodox.com)

Antiochian Orthodox Christian Archdiocese of North America  
Metropolitan JOSEPH

Diocese of Toledo and the Midwest  
Bishop ANTHONY

“One, Holy, Catholic & Apostolic Church”

# The Procession of the Precious Cross; The Seven Holy Maccabees, their Teacher Eleazar and their Mother Solomonia, Tone 5 / Eothinon 6



**ORTHROS, 8:45 AM • DIVINE LITURGY, 10:00 AM**

**PASTOR:** Father Mark Sahady

**ECCLESIA RCH:** Rdr Michael Baum

**SACRISTAN:** SbDn David Anderson

**PARISH COUNCIL MEMBERS:**

Melanie Thompson, *Chair*  
Mark Kerasotes, *Vice-Chair*  
Ronald Malooley, *Treasurer*  
Michael Kasap, *Secretary*  
George Nimee

Genie Sanders, *Chanters/Choir*  
Dee Khoury, *Antiochian Women*  
David Anderson, *Sunday School*  
Wayne Sanders, *Facilities*  
Markella Fousekas

**BULLETIN PART ONE – ANNOUNCEMENTS**

**CHURCH FINANCES**

**May 2021 Income-Expense**

Total May Income: \$4,297.10  
Total May Expenses: \$6,222.70  
Net Income May: \$-1,925.60  
Total Jan-May Income: \$33,366.34  
Total Jan-May Expenses: \$29,125.34

**May 2021 Income Breakout**

Flower Donations: \$85  
Food For Hungry Alms: \$66.10  
Total Above Donations: \$151.10  
Stewardship Offerings: \$4,146  
Net Income Jan-May: \$4,241.00

*Thank you to all our parishioners, friends, donors and benefactors for your support.*

*God loves a cheerful giver. (2 Corinthians 9:7b)*

**All of Creation, everything we have belongs to God. We are Stewards of His Gifts. We are to give thanks to God for allowing us to use His Gifts by giving back a tenth.**

**AUGUST BIRTHDAYS & ANNIVERSARIES**

August 7 – Leo Kapetaneas  
August 12 – Marsha Neven  
August 14 – Lynette Forsa

August 16 – Kelsey Klein  
August 20 – Genie Sanders

**UPCOMING EVENTS – ALL WORSHIP SERVICES IN CHURCH ALSO ON YOUTUBE**

YouTube Events: [https://www.youtube.com/channel/UCVy\\_\\_6R3xbIrx-UI8H63AUA](https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA)

July 31, **Saturday, Vespers at 6 pm to begin Dormition Fast**

August 1, **Sunday, Matins 8:45 am, Divine Liturgy 10 am, Fellowship 11:15 am**  
**12:30 pm Join the trip to Princeton to see the life-size O.T. Tabernacle**

August 3, **Tuesday, Paraklesis to Theotokos, 7 pm**

**August 4, Wednesday Bible Study – Proverbs, 7 pm @ Fr’s & On Zoom**  
<https://us02web.zoom.us/j/5822049765>

August 5, **Thursday, Vespers for Feast of Transfiguration – 7 pm**

August 6, **Friday in Warrenville, Matins at 9 & Liturgy at 10 am for Transfiguration**

August 7, **Saturday, Vespers at 6 pm**

August 8, **Sunday, Matins 8:45 am, Divine Liturgy 10 am, Fellowship 11:15 am**  
**Ladies meeting 11:45 am**

August 9, **Monday, Paraklesis to Theotokos, 7 pm**

August 11, **Wednesday, Bible Study – Proverbs, 7 pm**

August 13, **Friday, Vespers with Canon for Pre-feast – 7 pm**

August 14, **Saturday, Vespers at 6 pm for the Feast of the Theotokos’ Dormition**

August 15, **Sunday, Matins 8:45 am, Divine Liturgy 10 am, Fellowship 11:15 am**

August 18, **Wednesday, Bible Study – Proverbs, 7 pm**

**Collecting Needed Items Now - Aug 8 for PADS Homeless Shelter in Peru, IL**

- Drink Mixes – Powdered Lemonade or Koolaid, Bulk Ground Coffee.
  - Cleaning Supplies – Table / Countertop Spray Bottles.
  - Gas Cards - Becks or Hyvee in \$10 denominations.
  - Fast Food Cards – Subway, Jimmy Johns, McDonalds, Wendys.
- All items will be delivered the week of August 8<sup>th</sup>.



**Then Make and Help Serve a Meal at PADS on September 24<sup>th</sup> at 6 pm!**

**BULLETIN PART TWO – WORSHIP**

- The “Glory” hymn at the end of Matins:

### THE SIXTH EOTHINON DOXASTICON IN TONE SIX

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Since Thou art the true peace of God to man, O Christ, Thou didst give Thy peace to Thy Disciples after Thy Resurrection. Thou didst show them frightened when they thought that they were beholding a spirit. But Thou didst remove the anxiety of their souls when Thou didst show them Thy hands and feet; and yet they were in doubt. But when Thou didst take food with them, reminding them of Thy preaching, Thou didst open their minds to understand the books. And Thou didst make with them the eternal covenant, blessed them, and rose, ascending into heaven. Wherefore, with them, do we worship Thee; O Lord, glory to Thee.

*Both now and ever, and unto ages of ages. Amen.*

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

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**The Great Doxology** - *the final* " Holy God, Holy Mighty, Holy Immortal: have mercy on us." *is slowly chanted while the priest processes with the Cross to the center saying:*  
 “Wisdom. Stand upright.”

- *The priest sings Apolytikion of the Holy Cross once, followed by the choir twice.*

### APOLYTIKION FOR THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

- *Then, the priest sings “Before Thy Cross” once, followed by the choir twice.*

### BEFORE THY CROSS

Before Thy Cross we bow down in worship, Master, and Thy Holy Resurrection we glorify

- *Then, the clergy and altar servers return to the sanctuary as the chanters offer this hymn in Tone Two while parishioners venerate the Cross:*

Come, O ye faithful, let us worship the life-creating Wood, whereon Christ, the King of Glory, stretching out His hands of His own will, lifted up to the ancient blessedness us whom the enemy had aforetime despoiled through pleasure, making us exiles from God. Come, O ye faithful, let us worship that Wood whereby we have been deemed worthy to crush the heads of our invisible enemies. Come, all ye kindreds of the nations, with hymns let us honor the Cross of the Lord. Rejoice, O Cross, thou perfect redemption of fallen Adam. In thee do our most faithful sovereigns boast, since by thy power they have mightily subjected to themselves the Ishmaelite peoples. As we Christians now venerate thee with fear, we glorify God, Who was affixed to thee, and we say: O Lord, Who wast nailed to the Cross, have mercy on us, since Thou art good and the Lover of mankind.

- *Then the troparion “Having risen from the tomb” is chanted:*

### TROPARION “HAVING RISEN” IN TONE EIGHT

Having risen from the tomb, and having burst the bonds of Hades, Thou didst loose the condemnation of Death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Thyself to Thine Apostles, Thou didst send them forth to proclaim Thee; and through them Thou hast granted Thy peace unto the civilized world, O Thou Who alone art plenteous in mercy.

• **The Hymns of the Day during the Divine Liturgy of Saint John Chrysostom:**  
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**THE FIRST ANTIPHON:**

**Refrain:** Through the intercessions of the Theotokos, O Savior, save us. (*Thrice*)  
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**THE SECOND ANTIPHON:**

**Refrain:** Save us, O Son of God, Who art risen from the dead, who sing to Thee.  
**Alleluia.** (*Thrice*) *Vs.* Glory... Both now... O, only begotten Son and Word of God...

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**THIRD ANTIPHON - RESURRECTIONAL APOLYTIKION IN TONE FIVE**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

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**THE EISODIKON (ENTRANCE HYMN) OF ORDINARY SUNDAY:**

**Priest:** Come, let us worship and fall down before Christ. Save us, O Son of God,  
Who art risen from the dead, who sing unto Thee, Alleluia.

**All:** Save us, O Son of God, Who art risen from the dead, who sing unto Thee, Alleluia.  
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• *After the Little Entrance (Eisodos), sing these Apolytikia in the following order.*

**RESURRECTIONAL APOLYTIKION IN TONE FIVE**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

**APOLYTIKION FOR THE HOLY CROSS IN TONE ONE**

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

**APOLYTIKION OF SAINT GEORGE IN TONE FOUR:**

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, thou victory-clad George: Intercede with Christ God for the salvation of our souls.

**KONTAKION OF THE TRANSFIGURATION IN TONE SEVEN**

Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

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**THE TRISAGION HYMN**

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• *The Scripture of the day, following the Trisagion Hymn:*

**THE EPISTLE (For Sixth Sunday after Pentecost):**

**Clergy:** Let us attend!

**Reader:** Thou, O Lord, shalt keep us and preserve us.

Save me, O Lord, for the godly man is no more.

**Clergy:** Wisdom!

**Reader:** The Reading from the Epistle of Saint Paul to the Romans. (12:6-14)

**Clergy:** Let us attend!

**Reader:** Brethren, having gifts that differ according to the grace that was given to us, let each use them accordingly: whether prophecy, let him prophesy according to the proportion of the faith; or ministry, let him give himself to the ministry; or the teacher, to the teaching; or he who exhorts, in the exhorting; he who gives, let him do it with simplicity; he who presides, with diligence; he who shows mercy, with cheerfulness. Let love be without hypocrisy. Abhor that which is evil; cleave to that which is good. Love one another with brotherly affection; in honor preferring one another; in diligence not slothful; fervent in spirit; serving the Lord; rejoicing in hope; patient in tribulation; continuing steadfastly in prayer; communicating to the necessities of the saints; given to hospitality. Bless those who persecute you; bless, and do not curse.

**Clergy:** Peace be to thee, who readest.

**Reader:** And to thy spirit.

**Reader:** Remember Thy congregation, which Thou hast gotten of old!

God is our King before the ages; He has worked salvation in the midst of the earth.

**All: Alleluia! Alleluia! Alleluia!**

**THE GOSPEL (For Sixth Sunday of Matthew):**

**The Reading from the Holy Gospel according to Saint Matthew. (9:1-8)**

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

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• After "One is Holy, One is Lord..." & "I Believe O Lord and I Confess..." Sing:

**THE ORDINARY KOINONIKON (COMMUNION HYMN):**

Praise the Lord from the Heavens. Praise Him in the Highest. Alleluia.

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**COMMEMORATION:** The Procession of the Precious Cross; The Seven Holy Maccabees, their Teacher Eleazar and their Mother Solomonia.

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**PRAYER LIST:** Dee Khoury, Kenneth Wiltse, Sarah Sanders, William Miller III, Mike Kasap, John Ulrey.

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<b>Offering Schedule</b>	<b>Holy Bread - Memorial - Fellowship</b>	<b>Epistle Reader</b>
<b>*Sunday, August 1*</b>	Bob Abraham	Kh Barbara Sahady
<b>*Sunday, August 8*</b>	Open	Open
<b>Sunday, August 15</b>	Rdr Mike & Ruth Baum	Rdr Mike Baum
<b>Sunday, August 22</b>	Jay Kalman & Stephanie Kinard	Jay Kalman
<b>*Sunday, August 29*</b>	Fr Mark & Kh Barbara Sahady	Kh Barbara

**\* Denotes Fasting Days – No Meat or Dairy Products**

<b>Sunday, September 5</b>	Gary Farral	Gary Farral
<b>Sunday, September 12</b>	Kerry & Leona Kelly	Kerry Kelly
<b>Sunday, September 19</b>	Andy Dudek	Andy Dudek
<b>Sunday, September 26</b>	Lynette Forsa	Lynette Forsa
2 Year Memorial for George Forsa		

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**Thank you to Joe Zagar** for donating a laptop computer for the church office as well as a Piano for the hall and thanks to all those who helped move it this past Wednesday.

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Notice the new icons, white board, etc, of Sunday School area for the new school year.

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**Why a Fast for the Dormition of the Theotokos?** – There are Four Main Fasting Periods in the Church Year besides the weekly Wednesday & Friday Fast. They are Great Lent in March, Advent in December, Apostle Fast in June and Dormition Fast in August. Dormition means “Falling Asleep” which are Christ’s words for those who die in Christ. It is not our fasting that pleases God, it is the fruits of our fast (provided we fast in the proper mind set, and do not merely diet) that pleases Him. We fast, not to get what we want, but to prepare ourselves to receive what God wants to give us. Fasting is to help us put God first, our neighbor second and our own desires last. As such it serves to prepare us to be instruments of God’s will, as with Moses in his flight from Egypt and on Mt. Sinai, as well as our Lord’s fast in the wilderness. Fasting turns us away from ourselves and toward God. In essence it helps us become like the Theotokos, an obedient servant of God, who heard His word and kept it better than anyone else has or could. So why do we fast before Dormition? In a close-knit family, word that its matriarch is on her deathbed brings normal life to a halt. Other things (parties, TV, luxuries, personal desires) become unimportant; life comes to revolve around the dying matriarch. It is the same with the Orthodox family; word that our matriarch, the Theotokos is on her deathbed, could not have any different effect than the one just mentioned. The Church, through the Paraklesis Service, gives us the opportunity to come to that deathbed and eulogize and entreat the woman who bore God, the vessel of our salvation and our chief advocate at His divine throne. And as, in the earthly family, daily routines and the indulgence in personal wants should come to a halt. Fasting, in its full sense - abstaining from food and personal desires - accomplishes this. Less time in leisure or other pursuits leaves more time for prayer and reflection on she who gave us Christ, and became the first and greatest Christian. In reflecting on her and her incomparable life, we see a model Christian life, embodying Christ’s retort to the woman who stated that Mary was blessed because she bore Him: blessed rather are those who hear His word and keep it. Mary did this better than anyone. She heard the word of God and kept it so well, that she of all women in history was chosen not only to hear His Word, but give birth to it (Him). So while we fast in contemplation of her life, we are simultaneously preparing ourselves to live a life in imitation of her. That is the purpose of the Dormition Fast.

**Diocese Fall Gathering, October 22-24, 2021, hosted by St. James-Loveland, OH**

[https://doubletree.hilton.com/en/dt/groups/personalized/C/CVGKRDT-JAO-20211021/index.jhtml?WT.mc\\_id=POG](https://doubletree.hilton.com/en/dt/groups/personalized/C/CVGKRDT-JAO-20211021/index.jhtml?WT.mc_id=POG)

Group Name: St. James Antiochian Orthodox Church. Group Code: JAO

Hotel Name: DoubleTree Suites by Hilton Hotel Cincinnati - Blue Ash

Hotel Address: 6300 E. Kemper Road; Sharonville, Ohio 45241-2364

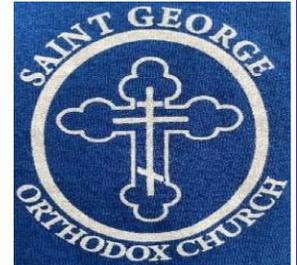
Phone Number: 513-489-3636

Event Registration: <https://tithe.ly/event-registration/#/3957214>

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**Order Your 2021 Saint George T Shirts Now**

Support your church and proclaim your faith at the same time! We're now taking orders for quality blue t-shirts with the cross and the name of our patron saint. Orders accepted through July 31, with delivery to the church about two weeks later – roughly August 15. Just in time for late summer activities and Saint George's feast day on November 3!



**ORDER FORM**

	Size	Quantity	Size	Quantity	Size	Quantity	Size	Quantity	Total quantity	Price ea.	Total cost
Youth sizes	SM		MED		LG					\$18	
Adult sizes	SM		MED		LG		XL			\$18	
Adult Extra Sizes	2X		3X		4X					\$22	
<b>Total amount of order</b>											

This is for local distribution because S&H Costs would be needed for outside local area.

Make checks payable to "Ladies of St George" with memo line "T-shirts."

Name: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Give to Ruth Baum at church or mail to:

Saint George Orthodox Church Ladies, 211 E. Minnesota St, Spring Valley, IL 61362.

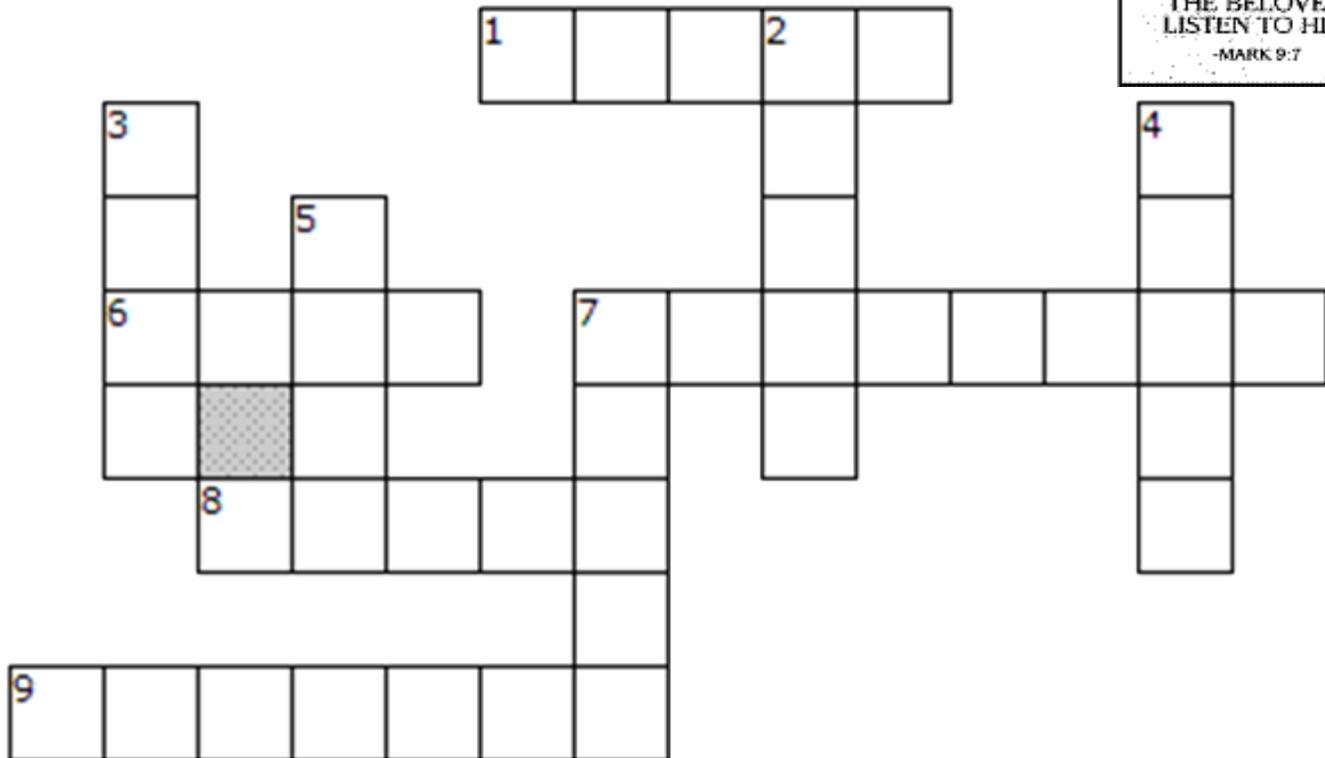
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**On August 6<sup>th</sup> we commemorate the Transfiguration** of our Lord, God and Savior Jesus Christ on Mount Tabor. This is recorded in the Gospels according to Mark (9:2-13), Luke (9:28-36) and Matthew (17:1-9). So that His impending passion (suffering) would not totally weaken His disciples, the All-wise Savior wanted to show them His divine glory before His passion on the Holy Cross. Our Lord was transfigured on a mountain and not in a valley to teach us two virtues: love of labor and godly-thoughts. For, climbing to the heights required labor and height represents the heights of our thoughts, i.e., godly-thoughts. He appears as a King above the prophets Moses and Elijah who appear as His servants. On Mount Tabor, He manifested His divine nature. This vision of His Divinity and the hearing of the heavenly witness about Him as the Son of God would serve in strengthening of an unwavering faith in Him and His final victory.

# On the Mountain Top

After six days Jesus took Peter, James and John with him and led them up a high mountain, where they were all alone. There he was transfigured before them. Mark 9:2

Based on Mark 9:2-9



## ACROSS

1. The sound produced by the vocal organs; what we use to speak
6. Something that is pleasing, enjoyable, or of high quality
7. A raised part of the earth's surface, larger than a hill
8. The Son of God
9. Articles of apparel such as pants, shirts, dresses, etc.

## DOWN

2. A white or gray mass of very small drops of water that floats in the sky
3. Having a great distance from top to bottom
4. The color of snow or milk
5. To have a strong feeling of affection for someone
7. Jewish leader who received the Ten Commandments

CLOTHES	MOUNTAIN	WHITE	LOVE	VOICE
MOSES	CLOUD	JESUS	HIGH	GOOD