



SAINT GEORGE ORTHODOX CHURCH

211 E. Minnesota St., Spring Valley, IL 61362

815-664-4540 www.springvalleyorthodox.com

Antiochian Orthodox Christian Archdiocese of North America
Metropolitan JOSEPH

Diocese of Toledo and the Midwest
Bishop ANTHONY

“One, Holy, Catholic & Apostolic Church”

Sunday, 19 September 2021; Tone 4 / Eothinon 2 After-feast of the Elevation of the Cross



ORTHROS, 8:45 AM • DIVINE LITURGY, 10:00 AM

PASTOR: Father Mark Sahady

ECCLESIA RCH: Rdr Michael Baum

SACRISTAN: SbDn David Anderson

PARISH COUNCIL MEMBERS:

Melanie Thompson, *Chair*
Mark Kerasotes, *Vice-Chair*
Ronald Malooley, *Treasurer*
Michael Kasap, *Secretary*
George Nimee

Genie Sanders, *Chanters/Choir*
Dee Khoury, *Antiochian Women*
David Anderson, *Sunday School*
Wayne Sanders, *Facilities*
Markella Fousekas

**BULLETIN PART ONE – ANNOUNCEMENTS
CHURCH FINANCES**

July 2021 Income-Expense

Total July Income: \$3,795.50
Total July Expenses: \$6,978.41
Net Income July: \$-3,182.91
Net Income Jan-July: \$82.05

July 2021 Income Breakout

Other Donations: \$220
Stewardship Offerings: \$3,575.50
Total Jan-July Income: \$40,388.39
Total Jan-July Expenses: \$40,306.34

Thank you to all our parishioners, friends, donors and benefactors for your support.
The Parish is primarily financed through the stewardship offerings of its parishioners.

As Christians, we are called to “excel in the grace of giving” (2 Corinthians 8:7).

Bring a gift in proportion to the way the LORD your God has blessed you. (Deut 16:17)

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SEPTEMBER BIRTHDAYS AND ANNIVERSARIES

Sept. 3: Ron & Mari Ford (anniversary)
Sept. 4: Tyler Thompson
Sept. 6: Chris & Jennifer Baran (anniv)
Sept. 8: Mike Kasap
Sept. 11: Andrea Schaefer
Sept. 12: George Nimee

Sept. 16: John Thompson
Sept. 17: George & Patrice Nimee (anniv)
Sept. 20: Jay Klein
Sept. 25: Jax Thompson
Sept. 25: Kaitlyn Kelly
Sept. 29: Nancy Johnson

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WORSHIP On Youtube: https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA

STUDIES & MEETINGS On Zoom: <https://us02web.zoom.us/j/5822049765>

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September 18, **Saturday, Vespers at 6 pm**

September 19, **Sunday, Matins 8:45 am, Divine Liturgy 10 am, Fellowship 11:15am**

Special Collection for Hurricane Ida Victims,

Parish Council Mtg 11:45 am

September 24, **Friday, Make/Help Serve Meal, PADS Shelter, 6 pm, see Kh Barbara**

September 25, **Saturday, Transfiguration Monastery Trip, 9 am - 5 pm,**

near Harvard, IL, bring bag lunch. <http://www.holytransfigurationmonastery.org/>

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September 25, **Saturday, Vespers at 6 pm**

September 26, **Sunday, Matins 8:45 am, Divine Liturgy 10 am, Fellowship 11:15am**

September 30, **Thursday, Vespers, 7 pm for Feast of the Protection of the Theotokos**

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October 2, **Saturday, Vespers at 6 pm**

October 3, **Sunday, Matins 8:45 am, Divine Liturgy 10 am, Fellowship 11:15am**

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October 20-21 Rip’s Chicken Fundraiser * \$11 * For Tickets See Mark Kerasotes

October 22-23, **Diocese Fall Gathering**

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October 30, Memorial at Cemetery-10 am, Discussion at Church-10:45 am, Orchard Trip-Noon

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Order Online Your Saint George Fall Sportswear Crewneck SweatShirt, Hoodie SweatShirt, Full-Zip Hoodie SweatShirt, all sporting the St George logo! Order online at:

<https://kaleels.com/product-category/st-george-orthodox-church/> shipped directly to you.

BULLETIN PART TWO – WORSHIP

- The “Glory” hymn at the end of Matins:

THE SECOND EOTHINON DOXASTICON IN TONE TWO

Glory to the Father, and to the Son, and to the Holy Spirit.

They who were with Mary came and brought with them ointments; and as they were at a loss how to achieve their desire, they saw that the stone had been rolled, and a divine young man removed all anxiety and trouble from their souls by saying, The Lord Jesus hath risen. Wherefore, they proclaimed to His Disciples, that they should hasten to Galilee and behold Him, risen from the dead; for He is the Lord, the Giver of Life.

Both now and ever, and unto ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

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THE GREAT DOXOLOGY AND TROPARION “TODAY IS SALVATION”

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- The Hymns of the Day during the Divine Liturgy of Saint John Chrysostom:

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THE FIRST ANTIPHON:

O God, my God, attend to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

My God, I will cry by day, and wilt Thou not hearken? And by night, and it shall not be unto folly for me. But as for Thee, Thou dwellest in the sanctuary, O Praise of Israel.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

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THE SECOND ANTIPHON:

O God, why hast Thou cast us off unto the end? Remember Thy congregation which Thou hast purchased from the beginning.

Refrain: Save us, O Son of God, Who wast crucified in the flesh; who sing to Thee.

Alleluia.

This is Mount Zion wherein Thou hast dwelt.

Refrain: Save us, O Son of God, Who wast crucified in the flesh; who sing to Thee.

Alleluia.

God is our King before the ages. He hath wrought salvation in the midst of the earth.

Refrain: Save us, O Son of God, Who wast crucified in the flesh; who sing to Thee.

Alleluia.

Glory to the Father... Both now and ever... O, only begotten Son and Word of God...

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THIRD ANTIPHON

The Lord reigneth, let the people rage; He sitteth upon the cherubim, let the earth be shaken. The Lord is great in Zion; and He is high above all peoples. Let them confess Thy great Name, for it is terrible and holy.

APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE
O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

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THE EISODIKON (ENTRANCE HYMN) OF ORDINARY SUNDAY:

Priest: Come, let us worship and fall down before Christ. Save us, O Son of God,
Who art risen from the dead, who sing unto Thee, Alleluia.

All: Save us, O Son of God, Who art risen from the dead, who sing unto Thee, Alleluia.

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- *After the Little Entrance (Eisodos), sing these Apolytikia in the following order.*

RESURRECTIONAL APOLYTIKION IN TONE FOUR

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE
O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

APOLYTIKION OF SAINT GEORGE IN TONE FOUR:

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, thou victory-clad George: Intercede with Christ God for the salvation of our souls.

KONTAKION OF THE ELEVATION OF THE HOLY CROSS IN TONE FOUR
THOU Who wast raised up on the Cross of Thine own will, O Christ our God, do Thou bestow Thy compassions upon this, Thy new commonwealth named after Thee. Gladden with Thy sov'reign, might our most Orthodox hierarchs, and vouchsafe them victory over every false teaching; and as Thy help in war may they possess the weapon of peace, the trophy invincible.

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THE TRISAGION HYMN

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- *The Scripture of the day, following the Trisagion Hymn:*

THE EPISTLE (For Sunday after the Elevation of the Holy Cross):

Clergy: Let us attend!

Reader: How magnified are Thy works, O Lord. In wisdom hast Thou made them all. Bless the Lord, O my soul.

Clergy: Wisdom!

Reader: The Reading from the Epistle of Saint Paul to the Galatians. (2:16-20)

Clergy: Let us attend!

Reader: Brethren, knowing that a person is not justified by the works of the Law, but through faith in Jesus Christ, even we have believed in Jesus Christ, that we might be justified by faith in Christ, and not by the works of the Law; for by the works of the Law shall no flesh be justified. But if, while we sought to be justified in Christ, we ourselves also were found sinners, is Christ then a minister of sin? God forbid! For if I build up again those things which I destroyed, I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ, nevertheless I live, yet not I, but Christ lives in me; and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave Himself up for me.

Clergy: Peace be to thee, who readest.

Reader: And to thy spirit.

Choir: God is our King before the ages; He has worked salvation in the midst of the earth!

All: Alleluia! Alleluia! Alleluia!

THE GOSPEL (For Sunday after the Elevation of the Holy Cross):

The Reading from the Holy Gospel according to Saint Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

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• After "One is Holy, One is Lord..." & "I Believe O Lord and I Confess..." Sing:

THE ORDINARY KOINONIKON (COMMUNION HYMN):

Praise the Lord from the Heavens. Praise Him in the Highest. Alleluia.

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COMMEMORATION: After-feast of the Elevation of the Holy Cross; Martyrs Trophimos, Dorymedon and Savvatos; Hieromartyr Januarios of Benevento and his companions

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PRAYER LIST: Jax Thompson, Mia Gerber, Sarah Sanders, Bill Miller III, Mike Kasap.

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Offering Schedule	Holy Bread - Memorial - Fellowship	Epistle Reader
Sunday, September 19	Andy Dudek	Andy Dudek
Sunday, September 26	Lynette Forsa 2 Year Memorial for George Forsa	Lynette Forsa
Sunday, October 3	Open	Open
Sunday, October 10	Medawar & Sanders Families	Nicole Wiltse
Sunday, October 17	Bread-Desai & Malooley Families; Fellowship-Open	Bette Malooley
Sunday, October 24	Richard & Bette Malooley	Richard Malooley
Sunday, October 31	Bread-Leona Kelly; Fellowship-Open	Open

RIP'S Chicken Fundraiser, COST \$11
October 20 and 21, 2021 Time: 4 – 9 pm
At RIP'S TAVERN, www.ripschicken.com
311 N Main Ave, Ladd, IL 61329

¼ Light or Dark Chicken with Fries, -or- Chicken Strips with Fries

Dine-In or Carry-Out

For Carry-Out, Call 815-894-3051 to Schedule Pickup Time.

Specialty Middle-Eastern BAKE SALE, 5-8 pm both days.

See Mark Kerasotes for Tickets

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Congratulations to Mark Kerasotes who was given the regional volunteer award by The Volunteer Action Center's LaSalle County for his service with Meals on Wheels.

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Join in and Help out on Friday, September 24, to Serve a Meal at PADS-Peru, IL
Illinois Valley Public Action to Deliver Shelter, Established 1991, to provide shelter, food, and services to people in need. Their Core Values are to Value human dignity and worth, Serve with compassion and generosity, Partner with communities for local resources, Empower people to be self-sufficient. Services are designed to offer a hand up, not a hand out. They provide the following: A bunk bed with storage tote, laundry basket, and locker storage, 3 meals per day (breakfast and dinner served in the shelter along with a sack lunch), restrooms with showers, washer and dryer, Individualized case management with goal setting and a plan of action, On-site classes in job skills, computer skills, budgeting, parenting, and more along with a support group and Bible study, Occasional transportation to appointments, Assistance with a variety of needs – applying for other social services, assistance with prescriptions, referrals to medical and mental health professionals, etc. All must agree to and comply with all shelter rules.

See Kh Barbara Sahady for Coordination of food and servers

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Meet at Church at 9 am on Saturday, 25 September with a bag lunch to take a trip to the Holy Transfiguration Monastery for monks near Harvard, IL. Daily Services are held in their chapel dedicated to Saint John the Evangelist whose feast day is next Sunday. See how they make pure beeswax candles. Speak with Abbott Akakios. Renew the Spirit with Peaceful Prayer. Discover how the monks train for Spiritual Warfare in their daily life and apply to self.

Check out their website at <http://www.holytransfigurationmonastery.org/>
& Facebook Page <https://www.facebook.com/transfiguration98/?rf=831920706854561>

God is at work in the world through us! Let God work in us through open hearts!

Today's Gospel calls us "Followers of Christ" and then tells us how to follow Christ: to deny ourselves and take up our own cross and follow. This is not just a one-time event, but a decision in each moment. So let us consider the many ways we must deny self and create the space to carry the cross in our lives and hearts. **First, we can deny ourselves by dying to the delights and pleasures of this life.** Please note that we are not called to die to all delights and pleasures, but instead to the delights and pleasures *of this life*. Saint Clement of Alexandria said, "Dying to ourselves means being content with the necessities of life. When we want more than these necessities it is easy to sin." We must learn to take delight and pleasure in simple daily bread. Even if we remove every delight and pleasure of this life that surrounds us, sin can still reign in our bodies. As Jesus says in Matthew 15:11, it is not what goes into us that is our main problem; it is what comes out of us from the inside. And so that leads to **a second step we can take in denying ourselves: We can learn to ignore ourselves.** Saint Theophylact wrote, "We can learn what it means to deny oneself if we understand what it means to deny another." Think of our thoughts, feelings & desires as someone else bothering us. Our thoughts, feelings and wants never leave us alone. Over time we can learn to ignore them. Part of learning to ignore ourselves is to learn to ignore what others think of us. That is **a third way we can deny self: By dying to the desires of others and being alive only to the desires of Christ.** There is a story from the desert fathers of how someone in the grave doesn't respond to anything you say – whether nice or mean. He lives before the face of God and so should we in this world and therefore, be free and perfected. Even the needs of others can blind us to God just as much as our own needs. To deny self means even *to deny oneself the right to meet the needs of others*. We serve God alone, and when we serve others, we do so because he directs, and we do so as he directs. **This brings us to a fourth form of denying our self: Dying to our self-trust.** Our self-will is fallen. It deceives us precisely at the moments when we are convinced we see clearly. Proverbs 14:12 says, "There is a way that seems right to a man, but its end is the way of death." We wrongly think that being saved somehow heals our judgment and makes it good. But we should note that Christ's self-will was never fallen—it has *always* been perfect—and yet he is *still* dead to self-trust. He simply disregards his will for the will of the Father. In Luke 22:42, in the Garden of Gethsemane, Jesus prays, "Father, if you are willing, take this cup from me; yet not my will, but yours be done." God heals the world by crucifying our self-will. As the great Russian Orthodox church father Ignatius once said: Whatever you do, on no account condemn anyone; do not even try to judge whether a person is good or bad, but keep your eyes on that one evil person for whom you must give an account before God: yourself. The Bible continually warns us of our own self-deception and requires us to accept that we do not see ourselves the way God sees us. Self-denial means death to our exercising any form of control or judgment or self-will and instead our exercising absolute trust in God. Suffer all with patience, cleaving to God in our heart, as Job did. Jesus will bring our cross to us daily. We need only take it up with full trust in God.



The Ladies of St. George Orthodox Church present their

ANNUAL BAKE SALE

SATURDAY, NOVEMBER 6th ~ 10 am - 1 pm
St. George Orthodox Church • 211 E. Minnesota St. • Spring Valley

In order to ensure selection availability, please pre-order.

Pre-order deadline is Sunday, October 24, 2021.

Pre-orders will be filled and available for delivery during the week prior to the sale, unless pick-up at the sale is requested.

PLEASE WRITE QUANTITY DESIRED IN THE APPROPRIATE BOX:



BAKLAWA

Diamond-shaped phylo pastry with a chopped nut filling

4-PACK
\$10.00

8-PACK
\$20.00



MAMOUL

Butter cookie filled with walnuts

4-PACK
\$10.00

8-PACK
\$20.00



DATE FINGERS

Date and nut filled cookie finger

4-PACK
\$6.00

8-PACK
\$12.00



GHRIBEE

Butter cookie with a half almond on top

4-PACK
\$6.00

8-PACK
\$12.00

ORDER TOTAL:

\$ _____ .00

NAME _____

ADDRESS _____

TOWN _____

PHONE _____

I WILL PICK UP on NOV. 6th

PLEASE DELIVER

Thank You!