



"One, Holy, Catholic & Apostolic Church"

SAINT GEORGE ORTHODOX CHURCH

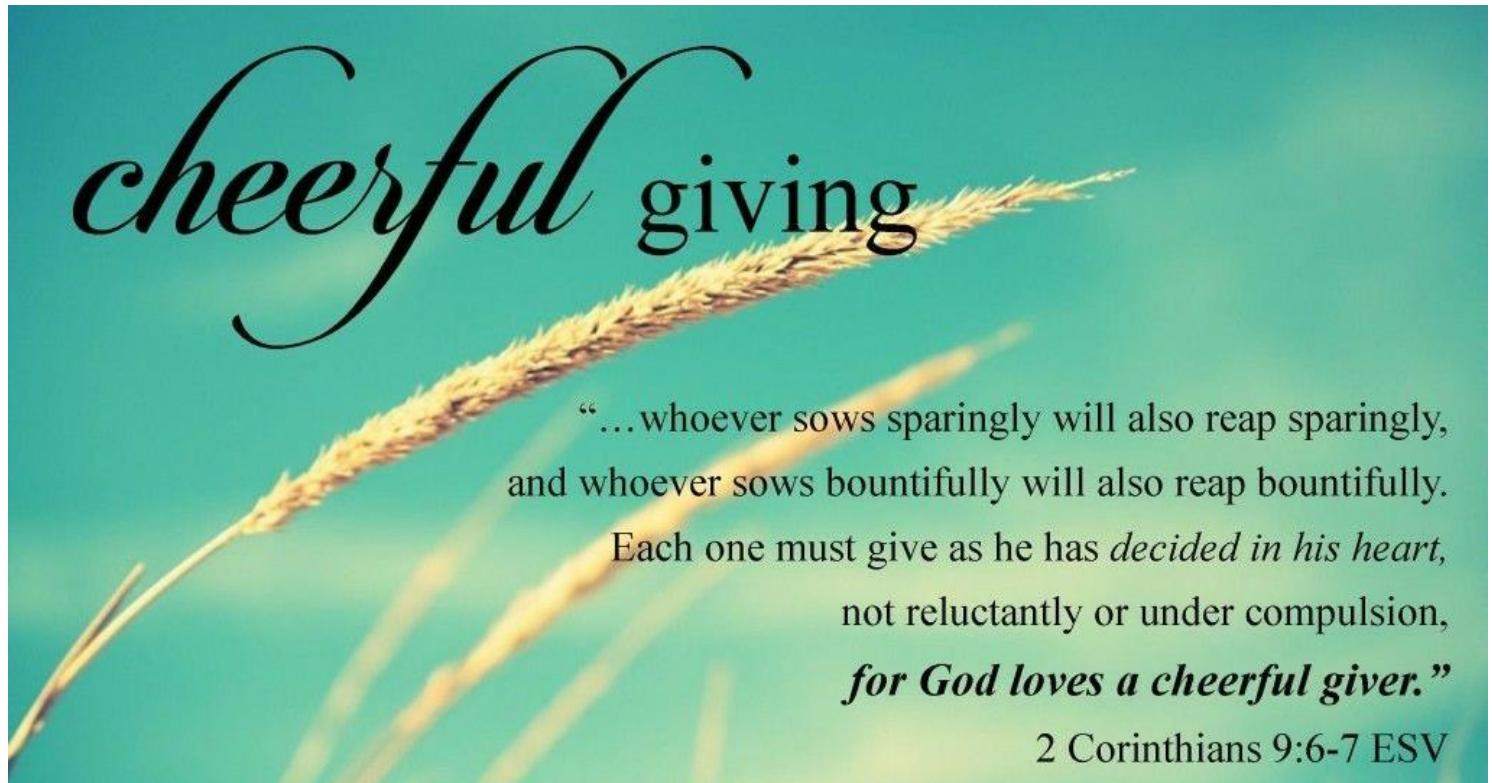
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Antiochian Orthodox Christian Archdiocese of North America
Metropolitan JOSEPH

Diocese of Toledo and the Midwest
Bishop ANTHONY

Sunday, 24 October 2021; Tone 1 / Eothinon 7
18th Sunday after Pentecost & 6th Sunday of Luke
Great-martyr Arethas and companions in Arabia
Martyr Sebastiana of Heraclea; Righteous Elesbaan, King of Ethiopia



ORTHROS, 8:45 AM • DIVINE LITURGY, 10:00 AM

PASTOR: Father Mark Sahady

ECCLESIArch: Rdr Michael Baum **SACRISTAN:** SbDn David Anderson

PARISH COUNCIL MEMBERS:

Melanie Thompson, *Chair*

Mark Kerasotes, *Vice-Chair*

Ronald Malooley, *Treasurer*

Michael Kasap, *Secretary*

George Nimee

Genie Sanders, *Chanters/Choir*

Dee Khoury, *Antiochian Women*

David Anderson, *Sunday School*

Wayne Sanders, *Facilities*

Markella Fousekas

BULLETIN PART TWO – WORSHIP

- The “Glory” hymn at the end of Matins:

THE SEVENTH EOTHINON DOXASTICON IN TONE SEVEN

Glory to the Father, and to the Son, and to the Holy Spirit.

Behold the dawn, and the rise of the day; why hast thou stood, O Mary, at the grave? And great darkness hath covered thy mind, and thou asked him: Where hath Jesus been placed? Yea, behold the Disciples, who hastened to the tomb, how they surmised His Resurrection from the coffin wrappings and the turban, and remembered what was said about Him in the books. Wherefore, we who believed through them, praise Thee with them, O Christ, Giver of life.

Both now and ever, and unto ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

THE GREAT DOXOLOGY AND TROPARION “Today is Salvation”

- The Hymns of the Day during the Divine Liturgy of Saint John Chrysostom:

THE GREAT LITANY & THE FIRST ANTIPHON:

Refrain: Through the intercessions of the Theotokos, O Savior, save us. (thrice)

THE LITTLE LITANY & THE SECOND ANTIPHON:

Refrain: Save us, O Son of God, Who art risen from the dead; who sing to Thee.

Alleluia. (thrice)

Glory to the Father... Both now and ever... O, only begotten Son and Word of God...

THE LITTLE LITANY & THIRD ANTIPHON:

RESURRECTIONAL APOLYTIKION IN TONE ONE

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

THE EISODIKON (ENTRANCE HYMN) OF ORDINARY SUNDAY:

Priest: Come, let us worship and fall down before Christ. Save us, O Son of God,
Who art risen from the dead, who sing unto Thee, Alleluia.

All: Save us, O Son of God, Who art risen from the dead, who sing unto Thee, Alleluia.

- After the Little Entrance (*Eisodos*), sing these Apolytikia in the following order.

RESURRECTIONAL APOLYTIKION IN TONE ONE

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

APOLYTIKION OF SAINT ARETHAS AND COMPANIONS IN TONE ONE

Be Thou entreated for the sake of the sufferings of Thy Saints which they endured for Thee, O Lord, and do Thou heal all our pains, we pray, O Friend of man.

APOLYTIKION OF SAINT GEORGE IN TONE FOUR:

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, thou victory-clad George: Intercede with Christ God for the salvation of our souls.

ORDINARY KONTAKION IN TONE TWO

O Undisputed Intercessor of Christians, the mediatrix, unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners. Come to us in time, who cry to thee in faith, with assistance; for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

PRAYER & THE TRISAGION HYMN

- *The Scripture of the day:*

THE EPISTLE (For the Eighteenth Sunday after Pentecost):

Clergy: Let us attend!

Reader: Let Thy mercy, O Lord, be upon us. Rejoice in the Lord, O ye righteous.

Clergy: Wisdom!

Reader: Reading from the Second Epistle of St. Paul to the Corinthians. (9:6-11)

Clergy: Let us attend!

Reader: Brethren, the one who sows sparingly will also reap sparingly; and the one who sows bountifully will also reap bountifully. Let each one do according to what he has purposed in his heart, not grudgingly, or under compulsion; for God loves a cheerful giver. And God is able to make all grace abound to you; that you, having always all sufficiency in all things, may abound to every good work. As it is written: “He has scattered abroad, He has given to the poor; His righteousness endures forever”; now He, who supplies seed to the sower and bread for food, will supply and multiply your seed for sowing, and increase the harvest of your righteousness. You will be enriched in all things for every generosity, which works through us thanksgiving to God.

Clergy: Peace be to thee, who readest.

Reader: And to thy spirit.

Choir: God gives vengeance unto me, and subdues people under me. He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever.

All: Alleluia! Alleluia! Alleluia!

THE GOSPEL (For the Sixth Sunday of Luke):

The Reading from the Holy Gospel according to Saint Luke. (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do

not torment me.” For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, “What is your name?” And he said, “Legion”; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, “Return to your home, and declare all that God has done for you.” And he went away, proclaiming throughout the whole city all that Jesus had done for him.

• After “One is Holy, One is Lord...” & “I Believe O Lord and I Confess...” Sing:
THE ORDINARY KOINONIKON (COMMUNION HYMN):

Praise the Lord from the Heavens. Praise Him in the Highest. Alleluia.

COMMEMORATION: The Great-martyr Arethas (al-Haarith) and companions in Arabia; Martyr Sebastiana of Heraclea; and Righteous Elesbaan, King of Ethiopia.

PRAYER LIST: Mia Gerber, Sarah Sanders, Bill Miller III, Mike Kasap, Mona Kaleel, Dee Khoury.

Offering Schedule	Holy Bread - Memorial - Fellowship	Epistle Reader
Sunday, October 24	Richard & Bette Malooley	Richard Malooley
Sunday, October 31	Bread-Leona Kelly; Fellowship-Open	Open
Sunday, November 7	Angelo & Markella Fousekas	Markella Fousekas
Sunday, November 14	Sahady Family	Kh Barbara Sahady
Sunday, November 21	Open	Open
Sunday, November 28	Mike & Ruth Baum	Mike Baum

OCTOBER BIRTHDAYS AND ANNIVERSARIES

Oct. 8 – Michael and Ruth Baum (anniv)	Oct. 20 – John Ball
Oct. 15 – Jessica Malooley	Oct. 24 – Richard/Bette Malooley (anniv)
Oct. 16 – Jennifer Harlay	Oct. 26 – Joe & Maribeth Soldati (anniv)
Oct. 18 – Daya Desai	Oct. 28 – Cary Miller

Order Online Your Saint George Fall Sportswear Crewneck SweatShirt, Hoodie SweatShirt, Full-Zip Hoodie SweatShirt, all sporting the St George logo! Order online at: <https://kaleels.com/product-category/st-george-orthodox-church/> shipped directly to you.

Thank you to everyone for helping with the Rip's Fundraiser – a Great success

Spring Valley is having a **Vendor Fair** on November 13. We're going to have a "table" at the fair 10am-2pm. If you're willing to bring Crafts or Baked Goods, contact Fr Mark.

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For **Parish Council Election** in January, **two candidates are needed**. In January Melanie Thompson and Mark Kerasotes finish two consecutive terms and must leave Council.

To be a Parish Council Elected Member, one must:

- Be an Active Member (Voting Member) of the Parish and 21 years or older
 - Preserve Confidentiality of Parishioner Membership
 - Commit to participation in 2/3 of meetings and approximately 5 hours per month
 - Commit to following the Parish Constitution & By-laws
 - Be willing to chair a committee and/or be an officer
 - Actively participate in meetings on behalf of Parishioners
 - Participate in meetings and discussion in the Spirit of Christian Love.
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POWERFUL G-FORCES: GRATITUDE AND GENEROSITY

Gratitude and **generosity** are interdependent attitudes that support and strengthen one another. They are powerful G-forces that act in the opposite direction of destructive emotions such as hatred, jealousy, greed, resentment and ill-will. They also can be cultivated through practice. **Gratitude** is being thankful for what we have received – acknowledging the good, especially that which comes from or exists outside of us. If we consider closely, we begin to realize that nothing good we possess, tangible or intangible, has been generated by ourselves alone. Even the very cells of our bodies are externally influenced. Gratefulness involves accepting what is, being in the now, and getting unhooked from "I, me and mine". A higher level of gratitude is correlated with a stronger immune system, lower blood pressure, more positive emotions including joy, optimism, and happiness, greater generosity and compassion, and decreased feelings of loneliness and isolation. In addition, gratitude also often leads to taking only what is needed. Appreciating what you have creates a sense of satisfaction, contentment, and "enoughness". Practicing contentment is a radical act in a consumption-driven society. *Make a gratitude visit* – think of someone who has had a significant impact in your life, expresses gratitude in a letter or note, and then deliver the letter to them. *Pay it forward* – respond to a kindness done to you by passing it on to someone else. Generosity has been described as the act of giving oneself over to life. We can be generous with ourselves and with others, but acting generously with regard to the welfare of another acknowledges our interconnection and brings a special kind of joy. **Generosity** doesn't always have to involve material things. One of the greatest gifts we can give is our attention. Giving thanks and encouragement, easing human suffering, and creating social justice are all forms of generosity. There is a relationship between generosity, happiness and well-being. There is a seeming paradox in which freely giving of oneself makes us ultimately richer than hanging on tightly to what we perceive as ours. Generosity involves a certain non-attachment to resources, cultivating an attitude of abundance versus a mind of scarcity. This requires fearlessness and courage. True

generosity also requires non-attachment to the outcome. We endeavor to give freely, without conditions on how gifts are used or whether something is received in return. This sort of giving has nothing to do with I, me or mine – it is free from ego. Through the act of giving, something precious is received – essentially the giver and receiver become one. Giving without attachment to ego or outcome connects us with the whole of humanity and awakens us to our true nature. *Step out of automatic pilot* – notice the ways in which you give without even really thinking about it as well as the ways in which you resist giving or take unnecessarily. When we notice resistance to giving or a tendency to take, this creates space for choice in which a spirit of generosity can arise. *Give the gift of attention* – when you are standing in line, pumping gas, or sitting in a waiting room, be attentive to those around you. Engage people you encounter in friendly conversation, look them in the eye, and really listen when they speak. *Harness your devices for good* – use your various notifications, alerts and reminders to prompt you to pause, take a breath and pray. *Acknowledge the humanity of others* - say hello to them, inquire into their wellbeing, and give some resources or encouragement. *Respond generously with compassion* to others, especially your children when they are struggling. See the wonder and opportunity in every moment, and act boldly with love, generosity, and respect towards one another, ourselves, the Earth and God.

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The Scriptures speak of **the Church as the body of Christ**. It is important to recognize that Christ's body is fully present in each local church. This is so because the great mystery of the Church is “Christ in us,” and this mystery is realized by our communal participation in His death and resurrection – through Baptism and the Eucharist. It is precisely as a baptismal and Eucharistic community that the local church is “the body of Christ” This is a sober reality. We cannot lightly call our church “the body of Christ.” The very essence of Christ’s body is that it is sacrificed for the life of the world. This means that if we are His body, we too must be broken, our blood spilt daily for the life of our brothers and sisters. But this is the most difficult thing for any human to do – it is completely contrary to our woefully self-oriented mode of existence. Yet paradoxically, the Way of dying in love for our neighbor is the only path to real, joyous Life. *“For the word of the cross is foolishness to those who are perishing; but to us who are being saved, it is the power of God.” (I Corinthians 1:18)* To be an Orthodox Christian means, above all else, to accept co-crucifixion with Christ in order to live in His Resurrected Life. There are expectations involved in Church life. On the one hand, people expect the Church (the Body of Christ meaning one another) to be there for them in their times of sickness, joy and sorrow; to baptize, marry and bury, to bless and sanctify their homes; to teach, counsel, and serve them, guiding them into the Kingdom of Heaven. This means that each individual member of the the Church must be living in a manner befitting an Orthodox Christian, devoted to spiritual discipline and growth in Christ. And beyond this, be actively giving of their “time, talent, and treasure.” Remember: we seek to commit ourselves, each other, and our whole lives unto Christ and His Church. “To whom much is given, much is required.” (Luke 12.-48)



The Ladies of St. George Orthodox Church present their

ANNUAL BAKE SALE

SATURDAY, NOVEMBER 6th ~ 10 am - 1 pm

St. George Orthodox Church • 211 E. Minnesota St. • Spring Valley

In order to ensure selection availability, please pre-order.

Pre-order deadline is Sunday, October 24, 2021.

Pre-orders will be filled and available for delivery during the week prior to the sale, unless pick-up at the sale is requested.

Pre-Order by calling: 815-664-4540

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\$10.00

8-PACK
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MAMOUL

Butter cookie filled with walnuts

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\$10.00

8-PACK
\$20.00



DATE FINGERS

Date and nut filled cookie finger

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\$6.00

8-PACK
\$12.00



GHРИBEE

Butter cookie with a half almond on top

4-PACK
\$6.00

8-PACK
\$12.00

ORDER TOTAL:

\$ _____ .00

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ADDRESS _____

TOWN _____

PHONE _____

I WILL PICK UP
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Thank You!