



SAINT GEORGE ORTHODOX CHURCH

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Patriarch John X of Antioch

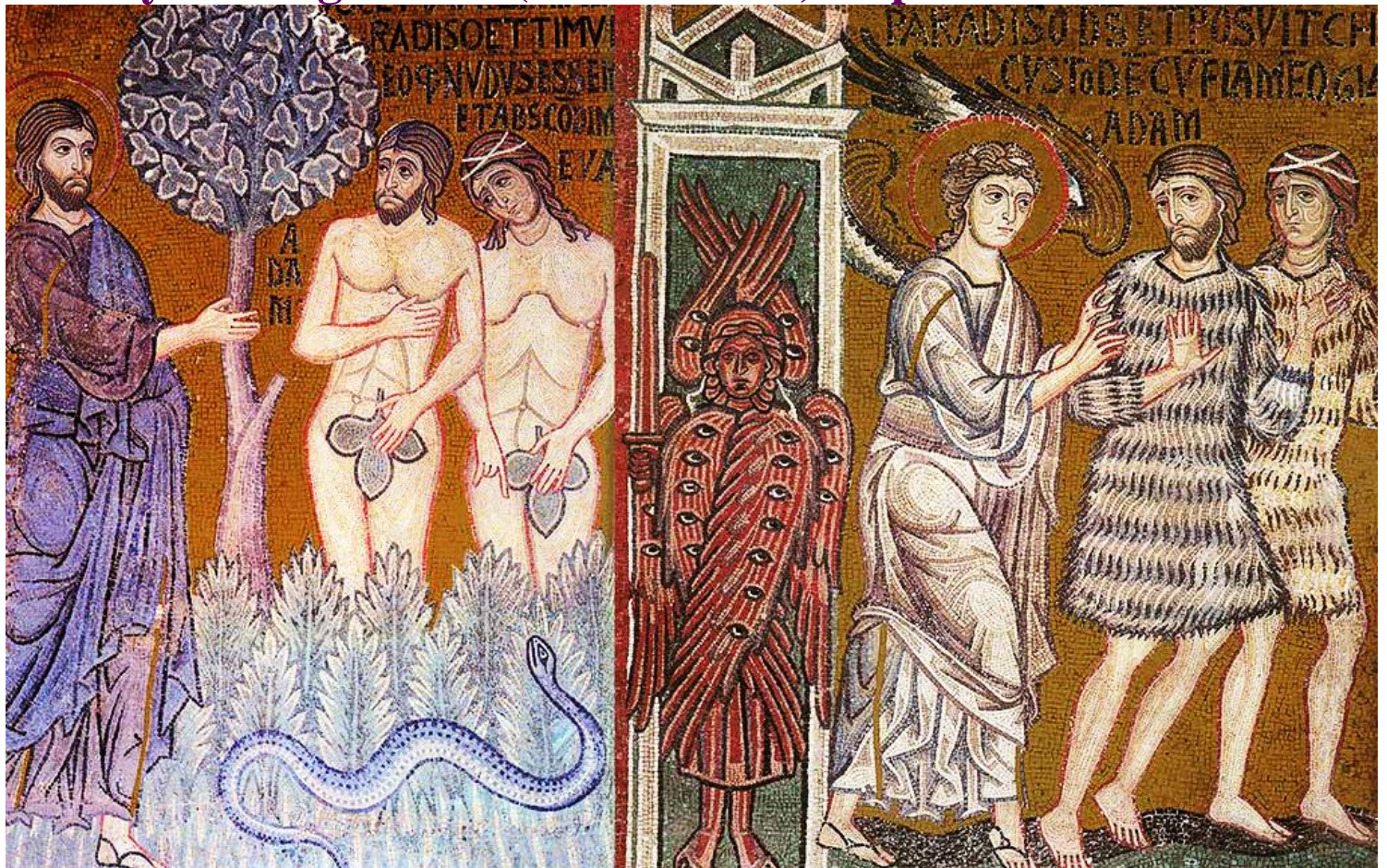
Antiochian Orthodox Christian Archdiocese of North America

Vicar Metropolitan ANTONIOS, Elect Metropolitan SABA

Diocese of Toledo and the Midwest Bishop ANTHONY

“Love, Pray, Repent” / Welcome All!
“One, Holy, Catholic & Apostolic Church”

Sunday, 26 February 2023, Tone 4 / Eothinon 4 Sunday of Forgiveness (Cheese Fare) Expulsion from Paradise



MATINS/ORTHROS, 8:45 AM • DIVINE LITURGY, 10:00 AM

PASTOR: Father Mark Sahady

PARISH COUNCIL MEMBERS:

Elected / Appointed Members

George Nimee, *Chair & Antiochian Men*

Melanie Thompson, *Treasurer*

Rdr Michael Baum, *Ecclesiarch*

Wayne Sanders, *Vice-Chair*

Nicholas Schaefer, *Secretary*

Sbdn David Anderson, *Sunday School*

Organization Representatives

Genie Sanders, *Chanters/Choir*

Nicholas Medawar, *Order of St Ignatius*

Dee Khoury, *Antiochian Women*

Robert Abraham, *Facilities*

BULLETIN PART ONE – ANNOUNCEMENTS & INFO

WORSHIP On Youtube: https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA

STUDIES & MEETINGS (when noted) On Zoom: <https://us02web.zoom.us/j/5822049765>

++++++ SCHEDULE OF EVENTS

February 24, Friday, **6:30 pm Forgiveness Hours-Vespers**

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February 25, Saturday, **4 pm Tea Talk** (in Church Hall & on Zoom), **5:30 pm Vespers**

February 26, Forgiveness Sunday, **8:45 am Matins, 10 am Divine Liturgy & Fellowship**

Get your Food For Hungry People Collection Boxes---Last Day for Dairy until Pascha

February 27, Monday, **Great Lent Begins, 6:30 pm Grand Compline with Canon**

February 28, Tuesday, **2 pm Senior Share** (Social, Healthy Cooking Class, Euchre)

March 1, Wednesday, **5:30 pm PreSanctified Liturgy (Communion), 7pm Soup & Show**

March 2, Thursday, **2 pm Spiritual Life Study** at Rectory & On Zoom.

March 3, Friday, **6:30 pm Akathist/Medayeh/Salutations to the Theotokos**

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March 4, Saturday, **5:30 pm Vespers** (Orthodoxy Sunday)

March 5, Lent 1st Sunday, **8:45 am Matins, 10 am Divine Liturgy**, 11:15am Fellowship

Orthodoxy Sunday Seminarian Collection, 11:45 am A-Women's Meeting

6:30 pm Pan-Orthodox Vespers at

Holy Resurrection Serbian Orthodox Cathedral, 5701 N Redwood Dr, Chicago

March 6, Monday, **Great Lent Begins, 6:30 pm Grand Compline with Canon**

March 8, Wednesday, **5:30 pm PreSanctified Liturgy (Communion), 7pm Soup & Show**

March 10, Friday, **6:30 pm Akathist/Medayeh/Salutations to the Theotokos**

March 11, Saturday, **9:30 am – 3 pm Retreat: The Holy Land**

10 am Presentation by Fr Nicholas Dahdal, Noon Lunch,

1 pm Concert by the Illinois Orthodox Choir led by Dr Zhanna Lehmann

2 pm Vespers

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March 12, Lent 2nd Sunday, **8:45am Matins, 10am Divine Liturgy**, 11:15am Fellowship

March 13, Monday, **6:30 pm Grand Compline with Canon**

March 15, Wednesday, **5:30pm PreSanctified Liturgy(Communion), 7pm Soup & Show**

March 17, Friday, **6:30 pm Akathist/Medayeh/Salutations to the Theotokos**

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FEBRUARY BIRTHDAYS & ANNIVERSARIES

Feb 24 – Brianna Kaleel

Feb 27 – Harrison David Leonard

Feb 25-Kenneth Welgatt, Hillary Thompson

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CHURCH FINANCES

January 2023 Income-Expense

Total January Income: \$13,551.00

Total January Expenses: \$5,237.46

Net January Income: \$8,313.54

January Income Categories

A-Women Donation: \$ 7,500.00

Offerings Donated: \$6,051.00

Total Assets: \$104,289.97

Remember: you can donate directly by going to www.springvalleyorthodox.com
and clicking the Donate Button at the bottom of the page with PayPal or Credit Card or
contact Fr Mark for Bank Information for Direct Deposit by Transfer from your bank.

Your Stewardship Donations into the General Fund make all ministries happen.

Offering Schedule	Holy Bread & Food Fellowship	Epistle Reader	
Sunday, February 26	Allyson Scandale, No Meat, Yes Dairy	Sbdn Theophan Anderson	
Monday, Feb 27 Lent begins until Pascha, Nothing from an animal with a backbone			
Offering Schedule	Holy Bread & Food	Usher	Epistle Reader
Sunday, March 5	Dee Khoury & Allyson Scandale	Dee Khoury	Nicole Wiltse
Sunday, March 12	Nick & Andrea Schaefer	Ruth Baum	Andrea Schaefer
Sunday, March 19	Sally Favia	Andrea Schaefer	Allyson Scandale
Sunday, March 26	Kh Barbara Sahady	Kh Barbara	Kh Barbara

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Do not forget that in order for our fasting to be effective and beneficial to our souls, it must be accompanied by prayer, repentance, forgiveness, alms-giving and good works. Fast from anger, judging, pride, gossip, lust, & foul talk. Let us not bite one another!

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BULLETIN PART TWO – WORSHIP

- The “Glory” hymns at the end of Matins:

THE DOXASTICON FOR SUNDAY OF FORGIVENESS IN TONE SIX

Glory to the Father, and to the Son, and to the Holy Spirit.

The time cometh for us to begin our spiritual contests and triumph over the demons. Let us put on the complete armor of abstinence which is the beauty of the angels and the confidence before God; for thereby Moses spoke with the Creator, and he heard the voice of the Invisible One. Thereby, O Lord, make us worthy to worship Thy Passion and holy Resurrection, since Thou art the Lover of mankind.

Both now and ever, and unto ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

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THE GREAT DOXOLOGY AND TROPARION “Today is Salvation”

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- The Hymns of the Day during the Divine Liturgy of Saint John Chrysostom:

THE GREAT LITANY & THE FIRST ANTIPHON:

Refrain: Through the intercessions of the Theotokos, O Savior, save us. (Thrice)

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THE LITTLE LITANY & THE SECOND ANTIPHON:

*Refrain: Save us, O Son of God, Who art risen from the dead;
who sing to Thee. Alleluia. (Thrice)*

Verse: Glory to the Father... Both now and ever... O, only begotten Son and Word...

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THE LITTLE LITANY & THIRD ANTIPHON: RESURRECTIONAL APOLYTIKION IN TONE FOUR

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

THE EISODIKON (ENTRANCE HYMN) OF ORDINARY SUNDAY:

Priest: Come, let us worship and fall down before Christ. Save us, O Son of God,
Who art risen from the dead, who sing to Thee: Alleluia.

All: Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia

- *After the Little Entrance (Eisodos), sing these Apolytikia in the following order.*

RESURRECTIONAL APOLYTIKION IN TONE FOUR:

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF SAINT GEORGE IN TONE FOUR:

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, thou victory-clad George: Intercede with Christ God for the salvation of our souls.

KONTAKION FOR FORGIVENESS SUNDAY IN TONE SIX:

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

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THE LITANY & THE TRISAGION HYMN

- **The Scripture of the day, following the Trisagion Hymn:**

THE EPISTLE (For Sunday of Forgiveness):

Clergy: Let us attend!

Reader: O chant unto our God, chant ye. Clap your hands, all ye nations!

Clergy: Wisdom!

Reader: The Reading from the Epistle of Saint Paul to the Romans. (13:11-14:4)

Clergy: Let us attend!

Reader: Brethren, now is our salvation nearer than when we believed. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk becomingly, as in the day, not in reveling and drunkenness, not in chambering and licentiousness, not in strife and jealousy. But put on the Lord Jesus Christ and make no provision for the flesh to fulfill its lusts. But as for the one who is weak in faith, receive him, but not for disputes over opinions. For one believes he may eat anything; but the weak person eats herbs. Let not him who eats despise him who does not eat and let not him who does not eat judge him who eats; for God has received him. Who are you to be the judge over the servant of a stranger? To his own master he either stands or falls; but he will be made to stand; for God is able to make him stand.

Clergy: Peace be to thee, who readest.

Reader: And to thy spirit.

Choir: Make a joyful noise to God, all the earth!

Sing of His name, give to Him glorious praise!

All: Alleluia! Alleluia! Alleluia!

THE GOSPEL (For Sunday of Forgiveness):

The Reading from the Holy Gospel according to Saint Matthew. (6:14-21)

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

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• After “One is Holy, One is Lord...” & “I Believe O Lord and I Confess...”

Sing the following Hymns in Tone Two:

Let us all hasten to the subjugation of the flesh by abstinence, as we approach the divine battlefield, the battlefield of blameless fasting. Let us pray to the Lord, our Savior, in tears and prayers, turning away completely from sin, and crying, “We have sinned against Thee, O Christ, the King. Save us, therefore, as of old Thou didst save the people of Nineveh; and make us partakers of Thy heavenly kingdom, O compassionate One.”

If I were to imagine all my sins deserving all punishment, I would despair of myself, O Lord Savior; for by them have I disobeyed Thy noble commandment, wasting my life in extravagance. Wherefore, I beseech Thee to purify me with Thy showers of forgiveness, and lighten me with fasting and supplication; for Thou alone art compassionate; and reject me not, O all-bountiful and of transcendent goodness.

Let us begin the season of fasting with rejoicing, giving ourselves to spiritual strife, purifying soul and body, fasting from passions, as we fast from foods, faring on the virtues of the Spirit, which, if we continue to long for, we shall all be worthy to behold the most solemn Passion of Christ, and the holy Passover, rejoicing with spiritual joy.

THEN THE ORDINARY KOINONIKON (COMMUNION HYMN):

Praise the Lord from the Heavens. Praise Him in the Highest. Alleluia.

• After “Blessed is He Who comes in the name of the Lord...” Youth Choir Sings:

A NEW COMMANDMENT (John 13:34-35):

Verse 1. A New Commandment I give to you, a new commandment I give to you: that you love each other, that you love each other, even as I have loved you.

Verse 2. By this all men will know, by this all men will know: that you are my disciples, that you are my disciples, if you have love for each other.

Then sing “Receive me today...” +++++

• After “Blessed be the Name of the Lord...”, sing the following:

FIRST LENTEN GREAT PROKEIMENON IN TONE EIGHT

Deacon: The Evening Prokeimenon!

Choir: Turn not away Thy face from Thy servant; for I am in trouble: hear me speedily. Attend to my soul, and deliver it. (*Repeat after each verse below*)

Verse 1. Let Thy salvation, O God, help me. (*Refrain*)

Verse 2. Let the poor see it and be glad. (*Refrain*)

Verse 3. Seek God, and thy soul shall live. (*Refrain*)

THE APOSTICHA FOR FORGIVENESS SUNDAY IN TONE FOUR

Thy grace hath risen, O Lord, the illumination of our souls hath shone forth. Lo, now is the acceptable time; the season of repentance hath come. Let us cast down the works of darkness, and put on the works of light, that we may pass the great tempest of fasting and reach the summit of the third-day Resurrection of our Lord and Savior Jesus Christ, the Savior of our souls.

THE PRAYER OF ST EPHRAIM THE SYRIAN

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk. *(The clergy and people prostrate.)*

But give rather the spirit of chastity, humility, patience and love to Thy servant. *(The clergy and people prostrate.)*

Yea, O Lord and King, grant me to see my own sins and not to judge my brother; for Thou art blessed unto ages of ages. Amen. *(The clergy and people prostrate.)*

THE DISMISSAL AND CEREMONY OF MUTUAL FORGIVENESS

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COMMEMORATION: Porphyrios, bishop of Gaza; Great-martyr Photeini the Samaritan Woman and those with her. ++++++

BULLETIN PART THREE – MORE ANNOUNCEMENTS & INFO

Dates to Note: Lent begins on 27 February. Palm Sunday is 9 April. Pascha is 16 April.

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Save your yellow onion skins in a plastic bag in the refrigerator and then bring them to Church during Holy Week to dye Easter-Pascha Eggs red on Holy Friday.

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Tea Talk - Everyone welcome Saturday, 25 February, 4 - 5:30 pm

Come drink a beverage and discuss what's on your mind – What is an Orthodox life?

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Senior Share - the 2nd & 4th Tuesday, 2 - 4 pm (Next one is 28 Feb)

Enjoy the Social & Learning Activities, Euchre & other games in church hall for all. This Program works in conjunction with the Bureau County Senior Center in Princeton

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We are entering into our Great Lenten Season & preparing for the 49th Anniversary of **Food for Hungry People & Charitable Outreach Campaign 2023**. We are still experiencing many challenges within our families and our parishes. One thing that never changes however, is the power of Great Lent to strengthen us through prayer, fasting, and almsgiving. Let us again embrace our Lenten struggles and demonstrate how strong we are in our faith. **Get Your Food For Hungry People Collection Boxes!**

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“**Blessed are the merciful** for they will receive mercy (Mt 5:7). The merciful is he who gives to others what he himself received from God. Whether it is money, food, strength, a helpful word, a prayer, or anything else that he has through which he can express his compassion for those in need. At the same time he considers himself a debtor, since he has received more than he is asked to give by Christ's grace, both in the present and in the world to come, before the whole of creation he is called merciful, just as God is called merciful.”

~St. Peter of Damascus

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2023 Lenten Events

<p>Mondays February 27- April 3 6:30-8:00 pm</p>		<p>Grand Compline with Great Canon of St Andrew</p>	<p>A dialogue between a sinner and his soul, with different Biblical examples of salvation each week. March 27 includes St Mary of Egypt, who became a miracle-working saint through repentance.</p>
<p>Wednesdays March 1- April 5 5:30-8:00 pm</p>		<p>Pre-Sanctified Liturgy plus “Soup and a Show”</p>	<p>Beautiful Lenten service of Holy Communion, followed by supper while we watch the acclaimed drama “The Chosen” on the life of Christ and his apostles (different episode each week).</p>
<p>Fridays March 3-17 & 31 6:30-7:30 pm</p>		<p>Akathist to the Mother of God</p>	<p>Hymns of devotion to the Theotokos, the Virgin Mary, who is the model for our Christian life. Bonus on 3/17: St Patrick’s Day event at 7:30 in social hall.</p>
<p>Saturday March 11 9:30 am -3:00 pm</p>		<p>Lenten Retreat: A Pilgrimage to the Holy Land, plus a Lenten Concert</p>	<p>10 am-Archpriest Nicholas Dahdal, native of Palestine, will present pictures and reflections on the land that Jesus walked. At noon - Lenten lunch will be served, followed by a 1 pm - concert by the Illinois Orthodox Choir & 2 pm - Vespers.</p>
<p>Friday March 24 6:30-7:30 pm</p> <p>Saturday March 25 8:30-10:30 am</p>		<p>Vespers for Annunciation</p> <p>Matins & Divine Liturgy for Annunciation</p>	<p>Celebrate the Great Feast when the archangel Gabriel told the Virgin Mary that she would become the Mother of God.</p>
<p>Friday April 7 6:30-7:30 pm</p>		<p>Lazarus Vespers</p>	<p>Celebration of the raising of Lazarus and preparation for Palm Sunday (April 9) and the start of Holy Week (April 10-15). Pascha is Sunday April 16; Resurrection service starts 10 pm Saturday.</p>

Saint George Antiochian Orthodox Church
211 E Minnesota St, Spring Valley, IL



ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

“Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver” (2 Corinthians 9:7)

Beloved Brother Hierarchs, Reverend Clergy, and Christ-Loving Faithful of this God-Protected Archdiocese,

Blessings to you and your families in the Name of our Lord, God, and Savior Jesus Christ!

Our Lord said, “Amen, I say to you: insofar as you did it for one of the least of these my brothers, you did it for me” (Matt. 25:40). Clothing the naked, feeding the hungry, welcoming the stranger, visiting those sick or in prison—all these acts of kindness toward others are received by Christ as an expression of love toward Him, when they are undertaken cheerfully. These words of the gospel are read in church on the Sunday of the Last Judgment in order to focus our attention on such acts of charity during this holy season. They call us to rededicate ourselves now to this Christian lifestyle of giving, which should characterize our lives throughout the year. What a privilege it is to serve Christ Himself in the needy! In fact, every one of us is in need of the mercy of God. Christ identified Himself with the weak, the poor, and the miserable and with those who could not provide themselves with the necessities of life, so it is Him we serve in every human being, and it is Him who, in us, serves those who need to be served. This is how we live our “Royal Priesthood,” delivering our lives to Him so that we may experience the mystery of His sacrifice, for Christ Himself is “He that offers and is offered, that accepts and is distributed” (*The Prayer of the Cherubic Hymn*). The mystery of giving and sacrifice lies in our acceptance to God’s Love, which we express by complying with the commandment, “My son, give me your heart” (Prov. 23:26). Giving God our hearts means giving Him everything—all our being. When we give Him our hearts, He gives us Himself through His Holy Spirit and dwells in our hearts with His unoriginated Father, “so that God may be all in all” (1 Cor. 15:28). Then we will experience how “in everyone it is the same God at work” (1 Cor. 12:6) and will acknowledge that in Christ we become what we give; in other words, we should be the food given—in Christ, to and through Him—to console the hearts of those who seek it. As we have throughout the past 49 years, we now encourage you to provide help for the needy through the **Food For Hungry People** program during Lent. We appeal to your generosity and your love of God, asking you to offer Christ this token of your gratitude for His kindness to us. We know that He will receive it as a precious gift and cherish it.

With prayers that God will strengthen us all in this holy struggle of Lent and that we will be found worthy to celebrate joyously the Resurrection of our Lord Jesus Christ, I remain,

Yours in Christ,

✠Metropolitan ANTONIOS

Metropolitan of Zahle, Baalbek, and Dependencies

Patriarchal Vicar of New York and All North America