



SAINT GEORGE ORTHODOX CHURCH

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Patriarch JOHN X of Antioch

Antiochian Orthodox Christian Archdiocese of North America

Vicar Metropolitan ANTONIOS, Elect Metropolitan SABA

Diocese of Toledo and the Midwest Bishop ANTHONY

“Love, Pray, Repent” / Welcome All!
“One, Holy, Catholic & Apostolic Church”

Sunday, 5 March 2023, Tone 5 / Eothinon 5

Sunday of Orthodoxy – First Sunday of Lent



MATINS/ORTHROS, 8:45 AM • DIVINE LITURGY, 10:00 AM

PASTOR: Father Mark Sahady

PARISH COUNCIL MEMBERS:

Elected / Appointed Members

George Nimee, *Chair & Antiochian Men*

Melanie Thompson, *Treasurer*

Rdr Michael Baum, *Ecclesiarch*

Wayne Sanders, *Vice-Chair*

Nicholas Schaefer, *Secretary*

Sbdn David Anderson, *Sunday School*

Organization Representatives

Genie Sanders, *Chanters/Choir*

Nicholas Medawar, *Order of St Ignatius*

Dee Khoury, *Antiochian Women*

Robert Abraham, *Facilities*

BULLETIN PART ONE – ANNOUNCEMENTS & INFO

WORSHIP On Youtube: https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA

STUDIES & MEETINGS (when noted) On Zoom: <https://us02web.zoom.us/j/5822049765>

++++++ SCHEDULE OF EVENTS

March 3, Friday, **6:30 pm Akathist/Medayeh/Salutations to the Theotokos**

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March 4, Saturday, **5:30 pm Vespers (Orthodoxy Sunday)**

March 5, Lent 1st Sunday, **8:45 am Matins, 10 am Divine Liturgy, 11:15am Fellowship**
Orthodoxy Sunday Seminarian Collection

6:30 pm Pan-Orthodox Vespers at

Holy Resurrection Serbian Orthodox Cathedral, 5701 N Redwood Dr, Chicago

March 6, Monday, **6:30 pm Grand Compline with Canon**

March 8, Wednesday, **5:30 pm PreSanctified Liturgy (Communion), 7pm Soup & Show**

March 10, Friday, **6:30 pm Akathist/Medayeh/Salutations to the Theotokos**

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March 11, Saturday, **9:30 am – 3 pm Retreat: The Holy Land**

10 am Presentation by Fr Nicholas Dahdal, Noon Lunch,

1 pm Concert by the Illinois Orthodox Choir led by Dr Zhanna Lehmann

2 pm Vespers ++++++ **Change Clocks Forward 1 Hour Tonight**

March 12, Lent 2nd Sunday, **8:45am Matins, 10am Divine Liturgy, 11:15am Fellowship**

March 13, Monday, **6:30 pm Grand Compline with Canon**

March 15, Wednesday, **5:30pm PreSanctified Liturgy(Communion), 7pm Soup & Show**

March 17, Friday, **6:30 pm Akathist/Medayeh/Salutations to the Theotokos**

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MARCH BIRTHDAYS

March 6 – Dee Khoury

March 23 – Anne Abraham

March 13 – Nick Schaefer

March 24 – George Kaleel

March 13 – Sandy McLaughlin

March 25 – Calliope Grace Leonard

March 21 – Anthony Herrera

March 30 – Christopher Baran, Dina Desai

March 22 – Matthew Panizzi

++++++ CHURCH FINANCES

January 2023 Income-Expense

Total January Income: \$13,551.00

Total January Expenses: \$5,237.46

Net January Income: \$8,313.54

Earthquake Relief Donations

Thank you to those who donated last month for the Earthquake Relief in Syria/Turkey. Collection was \$763.85

Remember: you can donate directly by going to www.springvalleyorthodox.com and clicking the Donate Button at the bottom of the page with PayPal or Credit Card or contact Fr Mark for Bank Information for Direct Deposit by Transfer from your bank.

Your Stewardship Donations into the General Fund make all ministries happen.

Offering Schedule	Holy Bread & Food	Usher	Epistle Reader
Sunday, March 5	Dee Khoury & Allyson Scandale	Dee Khoury	Nicole Wiltse
Sunday, March 12	Nick & Andrea Schaefer	Ruth Baum	Andrea Schaefer
Sunday, March 19	Sally Favia	Andrea Schaefer	Allyson Scandale
Sunday, March 26	Kh Barbara Sahady	Kh Barbara	Kh Barbara
5 March 2023	2	Sunday Bulletin	

BULLETIN PART TWO – WORSHIP

- The “Glory” hymns at the end of Matins:

DOXASTICON FOR FIRST SUNDAY OF GREAT LENT IN TONE SIX

Glory to the Father, and to the Son, and to the Holy Spirit.

Moses received the law in a period of abstinence and led his people; and Elijah, when he fasted, closed the heavens. As for the Abrahamite youths, they vanquished by fasting the transgressing usurper. Wherefore, through the same, O Savior, prepare us to meet Thy Resurrection, shouting: Holy God! Holy Mighty! Holy Immortal! Have mercy on us!

Both now and ever, and unto ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

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THE GREAT DOXOLOGY AND TROPARION “Having Risen from the Dead”

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- The Hymns of the Day during the Divine Liturgy of Saint Basil the Great:

THE GREAT LITANY & THE FIRST ANTIPHON:

Verse: The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength. For He has established the world so that it shall never be moved. **Refrain:** Through the intercessions of the Theotokos, O Savior, save us.

Verse: Who shall tell of the mighty acts of the Lord? Who shall make all of His praises to be heard? Let the redeemed by the Lord say so, whom He has delivered from the hand of the enemy. (**Refrain**)

Verse: Glory to the Father... Both now and ever... (**Refrain**)

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THE LITTLE LITANY & THE SECOND ANTIPHON:

Verse: Let them acknowledge the Lord for His mercies, and for His wondrous works for the sons of men.

Refrain: Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

Verse: Let them exalt Him in the church of the faithful, and in the assembly of the presbyters. (**Refrain**)

Verse: The eyes of the Lord are upon those that fear Him, upon those that hope in His mercy; to hear the mourning of those in captivity, and to loose the sons of those appointed to death. (**Refrain**)

Verse: Glory to the Father... Both now and ever... O, only begotten Son and Word...

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THE LITTLE LITANY & THIRD ANTIPHON:

Let the heavens and the earth praise Him. This is the day which the Lord hath made; let us rejoice and be glad in it. O Lord my God, I will acknowledge Thee forever.

APOLYTIKION OF FIRST SUNDAY OF GREAT LENT IN TONE TWO

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

THE EISODIKON (ENTRANCE HYMN) OF ORDINARY SUNDAY:

Priest: Come, let us worship and fall down before Christ. Save us, O Son of God,
Who art risen from the dead, who sing to Thee: Alleluia.

All: Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia

- *After the Little Entrance (Eisodos), sing these Apolytikia in the following order.*

RESURRECTIONAL APOLYTIKION IN TONE FIVE:

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF FIRST SUNDAY OF GREAT LENT IN TONE TWO

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

APOLYTIKION OF SAINT GEORGE IN TONE FOUR:

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, thou victory-clad George: Intercede with Christ God for the salvation of our souls.

KONTAKION FOR SUNDAYS IN GREAT LENT IN TONE EIGHT:

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

++++++ THE LITANY & THE TRISAGION HYMN

- **The Scripture of the day, following the Trisagion Hymn:**

THE EPISTLE (For Sunday of Orthodoxy):

Clergy: Let us attend!

Reader: Blessed art Thou, O Lord, the God of our fathers.

For Thou art just in all that Thou hast done for us.

Clergy: Wisdom!

Reader: Reading from the Epistle of Saint Paul to the Hebrews. (11:24-26, 32-40)

Clergy: Let us attend!

Reader: Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter; choosing rather to share ill-treatment with the people of God, than to enjoy the pleasures of sin for a season; esteeming the reproach of the Christ greater riches than the treasures of Egypt; for he looked to the recompense of reward. And what more shall I say? For the time would fail me if I tell of Gideon, Barak, Sampson, Jephthah, of David and Samuel and all the prophets, who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the power of fire, escaped the edge of the sword, from weakness were made strong, became mighty in war, and turned to flight armies of the aliens. Women received their dead by resurrection, and others were tortured, not accepting

their deliverance, that they might obtain a better resurrection. And others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn asunder, they were tempted, they were slain with the sword; they went about in skins of sheep and goats, being destitute, afflicted, tormented (of whom the world was not worthy), wandering in deserts and mountains, and in dens and caves of the earth. And all these, having obtained a witness through their faith, did not receive the promise, since God had foreseen something better for us, that apart from us they should not be made perfect.

Clergy: Peace be to thee, who readest.

Reader: And to thy spirit.

Choir: Moses and Aaron were among His priests; Samuel also was among those who called on His Name. They called to the Lord and He answered them.

All: Alleluia! Alleluia! Alleluia!

THE GOSPEL (For Sunday of Orthodoxy):

The Reading from the Holy Gospel according to St. John. (1:43-51)

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of Whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, Thou art the Son of God! Thou art the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man." + + + + + + +

• **Instead of "It is truly meet" sing the Saint Basil Liturgy Megalynarion:**

In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee. + + + + + + +

• **After "One is Holy, One is Lord..." & "I Believe O Lord and I Confess..."**

Sing the following Hymns:

(Tone 4) When Moses the wonderful was purified by fasting, he beheld the beloved One. Wherefore, emulate him, my humble soul, and hasten to be purified of evils on the day of abstinence, that the Lord may bestow forgiveness on thee, and that thou mayest behold Him, for He is the Almighty, the good Lord, and the Lover of mankind.

(Tone 6) Let us now set out with joy upon the second week of the Fast; and like Elijah the Tishbite let us fashion for ourselves from day to day, O brethren, a fiery chariot from the four great virtues; let us exalt our minds through freedom from the passions; let us arm our flesh with purity and our hands with acts of compassion; let us make our feet beautiful with the preaching of the Gospel; and let us put the enemy to flight and gain the victory.

(Tone 8) Come, let us purify our souls with alms and mercy to the poor, not blowing the trumpet, nor making public what we accomplish in charity, lest the left hand know what the right hand doeth, and vainglory do away with the fruits of alms. Let us, however, plead secretly with Him Who knoweth our secrets, crying: Father, forgive us our trespasses, for Thou art the Lover of mankind.

THEN THE ORDINARY KOINONIKON (COMMUNION HYMN):

Praise the Lord from the Heavens. Praise Him in the Highest. Alleluia.

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• After “Blessed be the Name of the Lord...”, sing the following:

APOLYTIKION OF THE FIRST SUNDAY OF GREAT LENT IN TONE TWO

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world. ****After the Procession of Icons the priest reads the Synodicon:*

THE SYNODICON: THE AFFIRMATION OF THE ORTHODOX FAITH

As the Prophets beheld, as the Apostles have taught, as the Church has received, as the Teachers have dogmatized, as the universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ has awarded: thus we declare, thus we assert, thus we preach Christ our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshiping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same Lord of all, and accordingly offering them veneration. ****All say loudly together:*

This is the Faith of the Apostles; this is the Faith of the Fathers; this is the Faith of the Orthodox; this is the Faith which has established the universe!

THE NICENE-CONSTANTINOPOLITAN CREED: “I believe in one God...”

THE GREAT PROKEIMENON IN TONE SEVEN

Priest: Who is so great a God as our God? Thou alone art the God that doest wonders.

Choir: Who is so great a God as our God? Thou alone art the God that doest wonders.

Verse 1. Thou hast made known Thy power among the peoples. (*Refrain*)

Verse 2. And I said, now have I begun; these are the charges of the right hand of the Most High. (*Refrain*)

Verse 3. Remembering the works of the Lord; for from the beginning I will remember Thy wonders. (*Refrain*)

Priest: Who is so great a God as our God?

Choir: Thou alone art the God that doest wonders.

The Recessional & Dismissal

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COMMEMORATION: The Hieromartyr Konon of Isauria; and Martyrs Archelaos and his 152 companions in Egypt. ++++++

BULLETIN PART THREE – MORE ANNOUNCEMENTS & INFO

Donations Welcome Now to get 6 Green Altar Boy Robes used June-July, \$255 each

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Save your yellow onion skins in a plastic bag in the refrigerator and then bring them to Church during Holy Week to dye Easter-Pascha Eggs red on Holy Friday.

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Senior Share - the 2nd & 4th Tuesday, 2 - 4 pm (Next one is 14 March)

Enjoy the Social and Learning Activities, as well as table games in the church hall for all.

This Program works in conjunction with the Bureau County Senior Center in Princeton.

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We have entered into our Great Lenten Season Commemorating the 49th Anniversary of **Food for Hungry People & Charitable Outreach Campaign 2023**. We are still experiencing many challenges within our families and our parishes. One thing that never changes however, is the power of Great Lent to strengthen us through prayer, fasting, and almsgiving. Let us again embrace our Lenten struggles and demonstrate how strong we are in our faith. **Get Your Food For Hungry People Collection Boxes!**

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“Blessed are the merciful for they will receive mercy (Mt 5:7). The merciful is he who gives to others what he himself received from God. Whether it is money, food, strength, a helpful word, a prayer, or anything else that he has through which he can express his compassion for those in need. At the same time he considers himself a debtor, since he has received more than he is asked to give by Christ’s grace, both in the present and in the world to come, before the whole of creation he is called merciful, just as God is called merciful.”

~St. Peter of Damascus

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Remember that in order for our fasting to be effective and beneficial to our souls, it must be accompanied by prayer, repentance, forgiveness, & alms-giving (helping others). **Fast from anger, judging, pride, gossip, lust, and foul talk. Let us not bite our neighbor!**

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The Lord solemnly established **Confession/Absolution** soon after His Resurrection. He appeared to His disciples and said to them, "*Peace unto you! As the Father has sent Me, I also send you.*" And when He had said this, He breathed on them and said: *Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained*" (John 20:21-23). The apostles transmitted this responsibility to absolve and to retain sins to their disciples — bishops and priests — who were to continue their task of saving human souls. The priest-confessor is a witness of one's repentance and an instrument of Divine Grace. Ultimately it is up to the repentant to make his soul receptive to the healing Grace. What is crucial here is to have sincere regret for committed sins and to decide to become a better Christian. Our Lord Jesus Christ said, "*I did not come to call the righteous, but sinners to repentance*" (Matthew 9:13). When the priest lays his hand upon our head in Confession, **it is Christ who lays his hand upon us, Christ who forgives** and that is certainly the deepest and most profound reason why we should go to Confession. **Prayer:** O Father, Lord of heaven and earth, I confess to Thee all the hidden and manifest sins of my heart and mind, which I have committed to this day. Therefore I beseech Thee, the righteous and compassionate Judge, grant me forgiveness and grace to sin no more.



ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

The Sunday of Orthodoxy, March 5, 2023

Beloved Brother Hierarchs, reverend Clergy, and Christ-loving Faithful,
Greetings to you in the Name of our Lord, God, and Savior Jesus Christ.

Each year we ask for your support of our archdiocesan seminarians on the Sunday of Orthodoxy, as we celebrate those who have defended and preserved the Orthodox Faith over the centuries. The Church continues and prospers from generation to generation because of those who answer God's call and dedicate their lives to His service. In particular, its life and growth depend on men and their families responding when God calls them to the holy priesthood, so that they might care for the souls of the faithful and lead our parishes in worship and outreach. The ability of these men to fulfill their calling depends on their being properly prepared. In the sacred scriptures, the Prophet Samuel needed Eli's help to recognize the Lord's voice calling him. The Prophets Isaiah and Jeremiah needed to experience divine grace touching their lips before they could proclaim the word of God. The holy apostles needed to spend years with our Lord Jesus Christ— following Him, listening to Him, and observing Him— before they received the Spirit and went forth to preach. Likewise, those called to the priesthood need an opportunity to step away from worldly responsibilities and immerse themselves in the Church's worship, ethos, and teaching at seminary. To do this, they need your financial help. When they come to seminary in order to prepare to serve you—to bring the grace of God into your parish, your family, and your soul—they leave behind the secular work that supports them and their families. As an archdiocese, we have always come together to shoulder the financial burden of this preparation by providing scholarships and housing aid. Your generous gifts today will thus make their future service possible. With prayers for all of you as we continue along the life-giving path of the Great Fast toward the glorious day of Pascha, I remain,

Yours in Christ,

✠Metropolitan ANTONIOS

Metropolitan of Zahle, Baalbek, and Dependencies
Patriarchal Vicar of New York and All North America

"The disciples were first called Christians in Antioch" (Acts 11: 26)
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